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# WELCOME ABOARD

## DEAR READERS,

Welcome aboard SpiceJet!

The monsoon season is gradually settling in across large parts of India, transforming the landscape with shades of green and breathing new life into rivers, hills and forests. It is wonderful to see how the rains have become a travel season in their own right, with holidaymakers increasingly planning their journeys around the arrival of the monsoon and the unique beauty it brings.

There is something special about seeing India during the monsoon. The rains transform familiar landscapes, filling lakes and rivers, cloaking hills in mist and bringing a freshness that is difficult to find at any other time of the year. From the cloud-kissed hills of Shillong and the breath-taking valleys of Srinagar to the lush greenery of Goa, the season offers a completely different perspective of the country. With air connectivity making these destinations more accessible than ever, it is easier to experience the beauty of the monsoon firsthand. At SpiceJet, we are delighted to connect you and your loved ones to some of India's most beautiful destinations and be a part of your journey.

As more Indians take to the skies than ever before, SpiceJet remains focused on strengthening its network and enhancing the travel experience for its passengers. I am delighted to share that we are inducting three Airbus A320 aircraft into our fleet. These additions will help us expand capacity, strengthen connectivity across key routes and offer our passengers greater choice and convenience as we continue to grow our network.

I am also pleased to share that SpiceJet has successfully brought another Boeing 737 MAX aircraft back into commercial service under its Return to Service programme. The aircraft's return marks another important step in our efforts to strengthen the fleet and expand capacity. Over the past several months, we have been working closely with OEMs, maintenance partners and lessors to bring grounded aircraft back into service, and we are seeing steady progress on that front. Each aircraft that returns to the skies helps us improve connectivity, enhance reliability and serve our passengers better.



Beyond aviation, it is always a matter of great pride to see Indian athletes excel on the global stage. This month, our young boxers delivered a series of outstanding performances at international competitions, bringing home an impressive haul of medals and once again showcasing India's growing strength in the sport.

From the World Boxing Cup in China to the prestigious Grand Prix Usti nad Labem in Czechia, our boxers displayed remarkable skill, determination and fighting spirit against some of the best talent from around the world. Their success is a reflection of the hard work and dedication that goes into representing the country at the highest level.

These achievements not only make the nation proud but also inspire countless young Indians to dream bigger and pursue excellence in their chosen fields. My heartiest congratulations to all the athletes, coaches and support staff who contributed to this success. As citizens, we remain deeply grateful to these young champions for giving us moments of pride and reminding us of what India can achieve on the world stage.

Thank you for choosing SpiceJet and for placing your trust in us. It is a privilege to be a part of your journeys, and we remain committed to making every trip safe, comfortable and memorable.

We look forward to welcoming you onboard again soon.

Happy flying.

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# EVERY FOUNDER DESERVES A CO-FOUNDER

## The Vision Behind Mengo Engine

"The future entrepreneur will not compete based on resources, but based on how intelligently they execute."

Jainam Jain - Founder, Mengo



### The Rise of AI-Powered Entrepreneurship

The companies of tomorrow will not necessarily be the ones with the largest teams. They will be the ones with the smartest systems.

A new generation of entrepreneurs is emerging. Founders who can move faster, test ideas more quickly, reach customers globally, and build businesses with greater efficiency using AI-powered partners.

This does not replace human creativity. It enhances it. The founder brings imagination, ambition, and purpose. AI brings speed, intelligence, and execution power.

Together, they create a new possibility.

### Beyond a Tool, a Partner in Growth

The world has entered a new era of artificial intelligence. AI is no longer limited to answering questions or automating simple tasks. It is becoming a thinking partner that can support decision-making, execution, and growth.

Mengo was created with a simple belief:

### Entrepreneurs should never have to build alone.

Every founder deserves access to intelligence, structure, and execution capabilities that were previously available only to companies with large teams and significant resources.

Mengo Engine works alongside entrepreneurs, startups, and businesses as an always-available AI Co-Founder, helping to transform ideas into brands and brands into scalable businesses.

### From First Thought to First Customer

Many businesses do not fail because their ideas are weak. They struggle because execution is fragmented. A founder may hire someone for branding, another person for content, another agency for marketing, another team for campaigns, and another platform for automation.

The result?

Disconnected efforts. Lost time. Higher costs. Slower growth.

Mengo Engine brings these pieces together into one intelligent ecosystem.

From building brand narratives and creating marketing assets to generating content, launching campaigns, nurturing leads, and improving conversions, Mengo Engine supports the complete journey of business growth.

It allows founders to focus on their vision while the engine supports execution.

### How an AI-powered Partner is Redefining the Way Entrepreneurs Build, Launch, and Scale Businesses

Every great company begins with an idea. But between an idea and a successful business lies a journey that every founder understands - countless decisions, limited resources, delayed execution, and the constant challenge of building the right team at the right time.

A founder today is expected to be a strategist, marketer, designer, content creator, analyst, salesperson, and growth expert, often before the business has enough resources to build these teams.

The question is no longer, "Can you start a business?"

The real question is:

### "Can you execute fast enough to turn your idea into impact?"

This question became the foundation behind the creation of **'Mengo Engine'** - an **AI Co-Founder built for the next generation of entrepreneurs.**

### The Future Belongs to Builders

The next decade will create a new kind of entrepreneur. One who does not wait for perfect conditions. One who does not wait to build a large team before starting. One who has the courage to begin, supported by intelligent systems that help turn vision into reality.

The future of business will not belong only to those with ideas. It will belong to those who execute them. And every great founder deserves a great co-founder.



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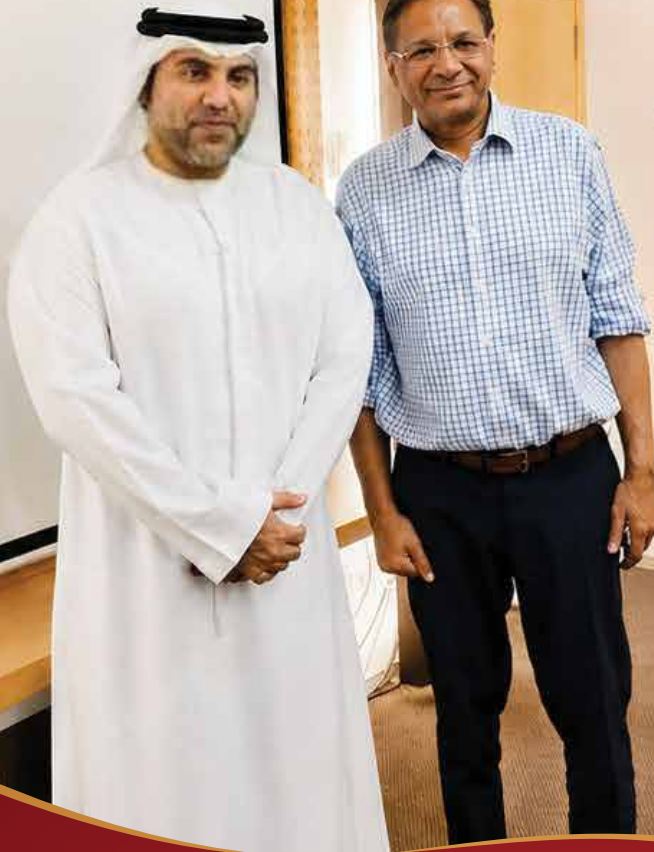
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Dr. Bu Abdullah meets **Ajay Singh**

**CEO of SpiceJet Airlines**

*for a*

**Strategic Aviation Talk**



**Dr. Bu Abdullah**

**Chairman of Bu Abdullah Group**

**B**orn on October 19, 1979 in Dubai, **Dr. Bu Abdullah, Chairman of Bu Abdullah Group** in Dubai stands as one of the UAE's most dynamic entrepreneurs and philanthropists.

As Chairman of the Bu Abdullah Group of Companies, he transformed a 2005 startup into a **global conglomerate of over 270 companies** spanning real estate, investments, legal advisory, and business consultancy across the **Middle East and Asia**.

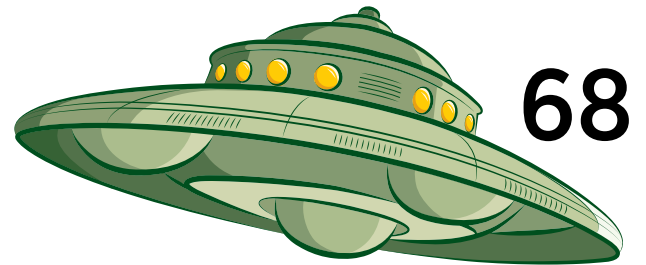
Armed with a Doctorate in Business Administration. He blends sharp commercial acumen with specialized corporate counsel. Beyond boardrooms, his philanthropic initiatives reflect a deep commitment to national progress. Dr. Bu Abdullah embodies the UAE's vision — bold, diversified, and globally minded — proving that Emirati leadership knows no borders.



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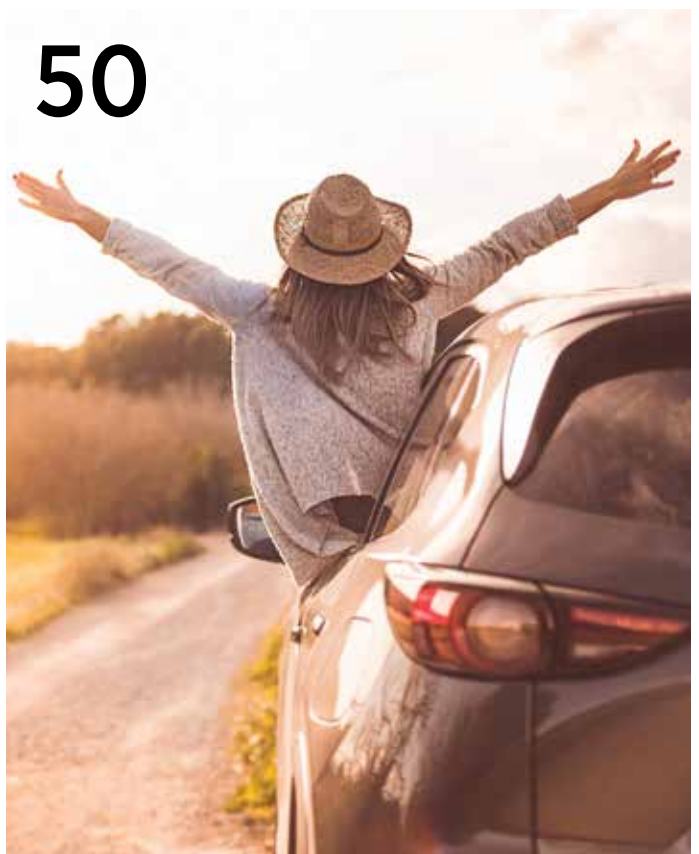


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# THE INVISIBLE MOMENT BEFORE EVERY BREAKTHROUGH

Why Great Companies Don't Just Grow. They Evolve.



LEVEL 141

There is a moment in every extraordinary journey that the world rarely notices.

It is not the day the company becomes famous. Not the day it appears on magazine covers. Not the day investors celebrate its success.

It is the quiet moment, much before that, when a founder, a leadership team, or an organisation realises something important:

**WHAT BROUGHT US HERE MAY NOT TAKE US THERE.**



History is filled with businesses that started small but eventually changed the way the world thinks. Nike began by selling shoes from the back of a car. Starbucks started as a small coffee store in Seattle. Airbnb began with three air mattresses in an apartment.



At one point, they were not global brands. They were simply ideas with potential.

But thousands of companies have potential. Thousands have good products. Thousands have passionate founders.

So, what separates the few that become unforgettable?



The answer is rarely luck. It is the ability to recognise when growth needs a new design. Most businesses spend years improving what they already do. They make better products, hire more people, increase marketing budgets, and work harder.

But every successful organisation eventually reaches an invisible ceiling. A stage where more effort does not create proportionally more growth. **The question changes from: "How do we do more?" to: "How do we become more?"**

Because scaling is not only about increasing numbers. It is about building the foundation that allows those numbers to grow. The strongest companies in the world are not just built around products. They are built around powerful stories, trusted brands, scalable systems, strong leadership, and clear market positions.

Behind visible success, there is always an invisible architecture. This belief became the foundation behind Level141.

**Level141 was created with a simple philosophy:**



**Growth should not happen by accident. Growth should be architected.**

As a Growth Architecture Company, Level141 works with businesses and leaders to identify their next level and build the strategic foundation required to reach it.

Because every company has a next level.

For some, it is becoming more visible.

For some, it is becoming more trusted.

For some, it is becoming a market leader.

But reaching the next level requires more than ambition.

It requires clarity. It requires structure. It requires architecture.

The companies that shape the future will not necessarily be the ones that started first, raised the most money, or shouted the loudest.

They will be the ones who understand a simple truth:

**Great companies are not discovered after they become successful.**

**They are designed before the world notices them.**

*The next level is never found by chance. It is created by design.*

## The Next Level Thought

Every business faces a choice to stay where it is or grow into what it can become, and at Level141, we believe the next level is always waiting to be unlocked.

The only question is:

**Are You Building for Where You are Today?  
Or Architecting for Where You Want to be Tomorrow?**



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# Manchester Global School

## Shaping Future-Ready Leaders for a Transforming World

Manchester Global School (MGS) was established on the belief that education should be the strongest foundation for life. The school blends Indian educational ethos with global best practices, creating a learning ecosystem where academic excellence, character development, technology integration, and experiential learning coexist seamlessly.

The school offers the unique experience of a residential school with flexible 5-day and 7-day boarding options, catering to families with diverse needs and preferences.

Located on the fast-growing educational belt of Hyderabad, and just 20 minutes from the international airport, MGS stands as a dynamic K-12 institution offering both International Baccalaureate (IB) and CBSE pathways.

MGS is a fully authorised IB World School, offering the complete IB Continuum through the Primary Years Programme (IB PYP), Middle Years Programme (IB MYP), and Diploma Programme (IB DP). This achievement enables students to benefit from a seamless, internationally recognised learning journey from the early years through Grade 12.

Guided by its motto, "Education and Knowledge with Wisdom," the school aims to nurture learners who think critically, act ethically, and contribute meaningfully to a complex global environment.

### Core Institutional Distinctives

Spread across 20 acres and supported by more than 14 indoor and outdoor sports facilities, Manchester Global School distinguishes itself through a future-focused curriculum and a strong international outlook. As an IB World School offering Nursery to IB DP alongside CBSE, MGS provides families with conceptual depth, inquiry-driven learning, and structured academic rigour.

### Leadership

The school is led by Chairman Dr Kondal Reddy Kandadi MBE, whose vision blends global perspectives with Indian values. Under his leadership, MGS has grown into a progressive learning centre known for discipline, integrity, infrastructure, and innovative pedagogy.

### Skill-Building Ecosystem

MGS strengthens classroom learning



through critical-thinking modules, leadership opportunities, Design Thinking workshops, communication training, financial literacy, STEM and robotics programmes, and real-world, project-based learning.

The school hosted TEDxManchesterGlobalYouth, an independently organised TEDxYouth event themed "Ignite the Future - From Ideas to Impact." The event is designed to spark ideas, meaningful dialogue, and an entrepreneurial mindset.



### Faculty Expertise

Experienced faculty with international exposure anchor the school's academic ecosystem. Teachers function as mentors and facilitators, translating curriculum into real-world skill development while engaging in continuous professional growth.

### Recognition of Excellence

Manchester Global School's rapid rise has earned significant acclaim. In the Times School Rankings 2025, MGS was awarded:

- No. 1 Top Emerging School in Overall Hyderabad (Second Consecutive Year)
- No. 1 Top Emerging School in the South Zone
- Top Emerging Day-cum-Boarding School of the Year

### Achievements & Outcomes

Students consistently excel in examinations, Olympiads, cultural events, and sports. The school's outcomes reflect academic consistency, holistic growth, and child development practices that foster confidence and resilience. Graduates pursue higher education across reputed national and international institutions.

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The design translates the rhythm of the sea into cascading terraces and sky gardens, balancing exclusivity with openness through a collection of private villas and mansions set alongside a vibrant communal realm.

A timeless narrative of identity and aspiration, this project defines a new paradigm of coastal living. Here, architecture moves with purpose, form follows emotion, and every detail reflects a life lived with intent. Conceived through the lens of Tonino Lamborghini's signature Italian design language, it is a daring landmark effortlessly poised against the luminous Al Marjan Island horizon.



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Clean architectural lines frame expansive, open-plan spaces, allowing light to move freely across textured surfaces and tailored finishes. Warm neutrals and subtle metallic accents create a fluid continuity with the coastal landscape, ensuring the space remains both contextually grounded and modern.

Every element, from calibrated proportions to tactile details, is deliberate. The result is a space where craftsmanship, comfort, and clarity co-exist in perfect harmony.



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# SpiceJet to Induct Three Airbus A320 Aircraft; Ungrounds Another Boeing 737 MAX

**Additional capacity to strengthen operations and support growing passenger demand during the peak travel season**

SpiceJet has finalised a lease agreement to induct three Airbus A320 aircraft on a damp lease basis, further strengthening its fleet and operational capabilities.

The three Airbus A320 aircraft are scheduled to join the airline's fleet in July 2026.

In another boost to its fleet, SpiceJet has also successfully ungrounded and returned a Boeing 737 MAX aircraft to service. The aircraft has already commenced commercial operations.

The additional capacity will support the airline's network requirements during the busy travel season and provide greater operational flexibility across its domestic and international routes.

Debojo Maharshi, Chief Business Officer, SpiceJet, said, "These aircraft will help us meet growing passenger demand, strengthen operational resilience and enhance network flexibility during a busy travel period. We continue to focus on steadily expanding our fleet and improving operational readiness as we move forward with our growth plans."





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# TOP 5 EVENTS IN JULY



19 July

## FIFA World Cup Final

The biggest sporting event of the year reaches its climax as the **FIFA World Cup 2026 Final** takes place at the iconic **MetLife Stadium in New Jersey on 19th July**. As the concluding match of the first-ever 48-team FIFA World Cup, the event is expected to attract millions of viewers worldwide and thousands of travelling fans. Beyond the match itself, the host city will come alive with festivals, live screenings and concerts.

1

2

## Mumbai Monsoon Marathon

The Mumbai Monsoon Marathon returns on 5 July 2026, offering runners a unique opportunity to experience the city's scenic coastline during the peak monsoon season. Organised by Omega Events, the timed race begins at Bandra Fort Garden and features three categories - 21.1 km Half Marathon, 10 km Timed Run, and 5 km Timed Run, catering to participants of varying fitness levels. The route winds through the picturesque stretches of Bandra Bandstand and Carter Road, providing stunning sea views and refreshing monsoon vibes.



5 July



16 July

## Jagannath Rath Yatra

The Jagannath Rath Yatra - one of India's most revered and visually spectacular religious festivals, is celebrated annually in the temple town of Puri, Odisha. The festival witnesses the grand procession of Lord Jagannath, along with Lord Balabhadra and Goddess Subhadra, on massive, intricately decorated wooden chariots pulled by thousands of devotees through the streets. Millions of pilgrims and visitors gather to witness this extraordinary display of faith, devotion, and cultural heritage.

3

4

## World Chocolate Day

Celebrated annually on 7 July, World Chocolate Day pays tribute to one of the world's most loved culinary indulgences. Over the years, World Chocolate Day has evolved into a popular food tourism occasion, bringing together chocolate enthusiasts, chefs, and travellers to celebrate the rich history, craftsmanship, and universal appeal of chocolate.



7 July



23-26 July

## San Diego Comic-Con

San Diego Comic-Con, popularly known as SDCC, is one of the world's largest and most influential pop culture conventions, attracting fans from around the globe. With the Preview Night on 22 July 2026, the event features exclusive studio presentations, celebrity appearances, product launches, cosplay competitions, and immersive fan experiences. Over the years, SDCC has evolved into a global cultural phenomenon, shaping trends across the entertainment industry.

5

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\*Amul (GCMF), has been ranked the No. 1 cooperative in the world based on GDP per capita performance, according to the International Cooperative Alliance (ICA) World Cooperative Monitor 2025.

# SpiceJet SUPERSTARS

Meet the achievers of the month from the SpiceJet family, who have stood out for their outstanding work.



**ANIRUDH VEMULAKONDA**

***Inflight Services***

**Experience with SpiceJet**

Working with SpiceJet has been an amazing journey, especially moving up to lead flights as Senior Cabin Crew. What I love most about this airline is the sense of Apnaapan – it’s a very close-knit team where everyone genuinely looks out for one another. And every time we welcome passengers on board, our goal is to bring that same family feeling into the cabin.

**Internal Appreciation**

Anirudh has consistently demonstrated remarkable resilience in challenging situations. Not only does he take care of himself, he also ensures that those around him remain calm and reassured, regardless of the circumstances. Anirudh is truly an asset to SpiceJet. We are incredibly proud to have such an inspiring example among us, someone whose strength, composure, and selflessness motivate us all to be better.



**SONAM TOMAR**

***Customer Experience***

**Experience with SpiceJet**

My eight-year journey with SpiceJet has been both rewarding and transformative. I am grateful for the trust, opportunities and responsibilities that have helped me grow professionally and personally. I always strive to give my best, and being recognised for my contributions has been truly motivating. I look forward to contributing with the same dedication.

**Internal Appreciation**

Sonam has consistently demonstrated sincerity, exceptional dedication, and a strong work ethic. Her willingness to take on challenges with a positive attitude and commitment to delivering results has been truly commendable. She is a dedicated team member whose hard work, perseverance, and positive attitude consistently contribute to the team’s success. We wish her growth in her career.



**SAGAR JOSHI**

***Travel & Transport***

**Experience with SpiceJet**

Even with my 13-plus years of experience in the industry, SpiceJet has helped me expand my horizons. Tasked with the responsibility of overseeing travel and accommodation requirements and driving process-automation initiatives, I have been able to ensure efficient and cost-effective travel operations, thanks to the trust placed in me by the management.

**Internal Appreciation**

Sagar has consistently demonstrated exceptional leadership and commitment in managing corporate travel, hotel accommodations, and logistics operations for SpiceJet. He has successfully streamlined manual processes through automation, resulting in improved efficiency and cost optimisation. His proactive approach and ability to handle operations as well as IROPS have significantly contributed to operational excellence.



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WHAT'S TRENDING

## FLAVOURS FROM DOWN SOUTH

Located in the heart of Meharchand market, **Café Athyeka** brings together the flavours, culture, and warmth of India's five southern states. Inspired by founder Sheetal Saxena's years of travel and lived experiences across the region, Athyeka feels less like a restaurant and more like stepping into a modern South Indian home. Highlights include the signature Athyeka Plate - a banana leaf-lined brass thali featuring regional favourites - alongside dishes such as Karimnagar Wings, Vegetable Stew with Appam, and Chettinad Chicken Curry with flaky Malabar Paratha.

**Where:** Meharchand Market, Lodi Colony, New Delhi

**Meal for Two:** ₹1,000 - ₹1,200



## Find Your Summer Style

**Culture Circle**, a curated multi-brand platform for global fashion and lifestyle products, features some of the most loved international streetwear and luxury brands. For the summer, Culture Circle has curated a fresh line-up of trendy pastel t-shirts, statement graphic tees, and easy everyday essentials that vibe perfectly with the season. From elegant low-back dresses and breathable linen shirts, and from minimal aesthetics to bold streetwear styles, the collection presents premium fashion at accessible prices.

**Where:** Available exclusively at <https://www.culture-circle.com/>



## GOOD HAIR DAYS!

A science-first hair brand born out of Italian craftsmanship - and made for India. Whether you're creating soft waves or a bouncy blowout, styling products can help add body and hold while keeping your look intact throughout the day. The **2.Oh!** 3-in-1 Hair Styling Spray helps prep hair before styling, protects against heat damage, and supports longer-lasting volume and shine, while the 2.Oh! Hair Gloss aids in enhancing shine and adds that finishing touch to make your hair look camera-ready from every angle.

**What:** 2.Oh! Hair Styling Spray & Hair Gloss

**Where:** Available at <https://www.2pointoh.in/products>



**Rooted in the philosophy of Swami Rama, Swami Rama Himalayan University integrates education, healthcare and community service to shape future-ready professionals. In the Himalayan foothills, Swami Rama Himalayan University is shaping a model where education, healthcare and service come together to guide purposeful lives.**

In the serene landscape of Uttarakhand, Swami Rama Himalayan University (SRHU) has evolved into a distinctive institution that integrates higher education, advanced healthcare and community development into a unified ecosystem of learning and service. Established in 2013 and promoted by the Himalayan Institute Hospital Trust (HIHT), the university continues the humanitarian legacy of spiritual leader and philosopher Swami Rama. His belief that education and healthcare must serve humanity—particularly the underserved—remains the guiding philosophy behind the institution's growth and impact. The vision of Swami Rama reminds us that education must illuminate the path of service. At Swami Rama Himalayan University, our philosophy—Life Ka Compass—guides students toward knowledge, compassion and purpose so they can contribute meaningfully to society.

## A Legacy Built on Service

The roots of SRHU date back to 1989, when the Himalayan Institute Hospital Trust was established in Jolly Grant, Dehradun, with the aim of delivering accessible and quality healthcare to people living in the Himalayan region. Over time, this vision expanded into a broader institutional framework. A multi-specialty hospital was established in 1994, followed by a medical college in 1995 and nursing education programmes soon thereafter. These initiatives eventually culminated in the establishment of Swami Rama Himalayan University in 2013, bringing together academic excellence, healthcare services and research within a multidisciplinary university framework. Today, the university operates on a **200-acre green and eco-friendly campus and offers more than 100 undergraduate and postgraduate programmes** across disciplines such as medicine, nursing, engineering and technology, biosciences, management and yoga sciences.

Its academic ecosystem includes institutions such as the

- ▶ Himalayan Institute of Medical Sciences (HIMS),
- ▶ Himalayan College of Nursing (HCN)
- ▶ School of Science and Technology (SST)
- ▶ School of Management Studies (SMS)
- ▶ School of Bio Sciences (SBS)
- ▶ School of Pharmaceutical Sciences (SPS)
- ▶ School of Yoga Science (SYS)

With thousands of alumni across the world and collaborations with more than 70 national and international institutions, SRHU continues to strengthen its role as a centre of interdisciplinary education and research.

## Healthcare at the Core

A defining strength of SRHU lies in the integration of healthcare delivery with education and research.

At the heart of this ecosystem is Himalayan Hospital, a **1200-bed NABH-accredited tertiary care teaching hospital** and one of the largest healthcare institutions in Uttarakhand. The hospital provides advanced treatment across numerous specialties and serves patients from several northern states including Uttar Pradesh, Himachal Pradesh and Bihar.

Complementing this facility is the Cancer Care & Research Centre (CCRC), a **250-bed specialised centre dedicated to cancer treatment, research and awareness programmes.**

These institutions not only deliver quality healthcare but also serve as critical training grounds where students gain practical experience in real-world medical environments while developing strong ethical and humanitarian values.

*Education must ultimately help individuals discover direction and purpose in life. That philosophy lies at the heart of everything we do at SRHU.*

## Innovation Guided by Purpose

As higher education evolves globally, SRHU continues to invest in future-ready academic programmes and technology-enabled learning.

Central to this approach is the university's brand philosophy, **Life Ka Compass**—an idea that reflects the institution's commitment to helping students navigate their academic journeys with clarity, purpose and responsibility.

One of the key initiatives emerging from this philosophy is the

**LIME (Learning through Immersive Media and Experiences) AR/VR laboratory**, which integrates augmented and virtual reality technologies into the learning environment. The immersive facility enables students, particularly in healthcare disciplines, to visualise complex anatomical structures, simulate clinical scenarios and engage with interactive digital learning modules.

Such experiential learning tools bridge the gap between theory and practice while preparing students for the rapidly evolving landscape of modern healthcare and technology.

SRHU has also introduced specialised programmes in **Artificial Intelligence, Machine Learning, Data Science and DevOps**, developed in collaboration with global technology partner IBM. Programmes in clinical research, epidemiology and hospital administration further address the growing demand for expertise in public health and healthcare management.

## Commitment to Community

Community engagement remains deeply embedded in the institutional philosophy of SRHU.

Through the Rural Development Institute (RDI), established in 1990, the university has implemented numerous initiatives aimed at improving healthcare access, sanitation infrastructure, education and livelihood opportunities in rural areas.

These initiatives have benefited **over 2,000 villages**, empowering communities through health awareness campaigns, sanitation programmes and livelihood development initiatives.

Healthcare outreach also forms a vital part of this mission. Medical teams from Himalayan Hospital organise **more than 500 health camps annually in remote Himalayan villages**, providing consultations, diagnostics and essential medicines to underserved populations.

SRHU has also collaborated with the Government of Uttarakhand to strengthen regional healthcare infrastructure through **public-private partnerships**, including healthcare services in districts such as Doiwala and Tehri Garhwal.

*When education is rooted in compassion and guided by purpose, it becomes a powerful force for nation building.*

## Looking Ahead

As Swami Rama Himalayan University continues to expand its academic, research and healthcare initiatives, its vision remains firmly anchored in the humanitarian ideals that inspired its founding.

By nurturing professionals who combine knowledge, skill and empathy, the university aims to create leaders capable of addressing the complex challenges of the modern world.

*Guided by the philosophy of Life Ka Compass, our mission is to empower individuals with knowledge, compassion and purpose so they can contribute meaningfully to society.*

The President of SRHU leads the university's vision of integrating higher education, healthcare excellence and community development in alignment with the humanitarian philosophy of Swami Rama. Under his leadership, the university continues to expand its academic programmes, research initiatives and healthcare services while strengthening its commitment to social impact and nation building.

**Dr. Vijay Dhasmana**  
President,  
Swami Rama Himalayan University



# HAMLET FOR OUR TIMES

The talented ensemble of the SRCPA (Shri Ram Centre for Performing Arts) Repertory presents **Hamlet** in Hindi, directed by acclaimed French-Tunisian director Habib Naghmouchi. This compelling adaptation of William Shakespeare's timeless tragedy explores themes of power, betrayal, revenge, and human conscience through a contemporary lens. What makes Hamlet so relevant today is its reflection of a world in turmoil, living as we do in similarly noisy, fractured, and unsettled times in which the truth is often obscured.

**When:** 3, 4 and 5 July (7:00 pm)

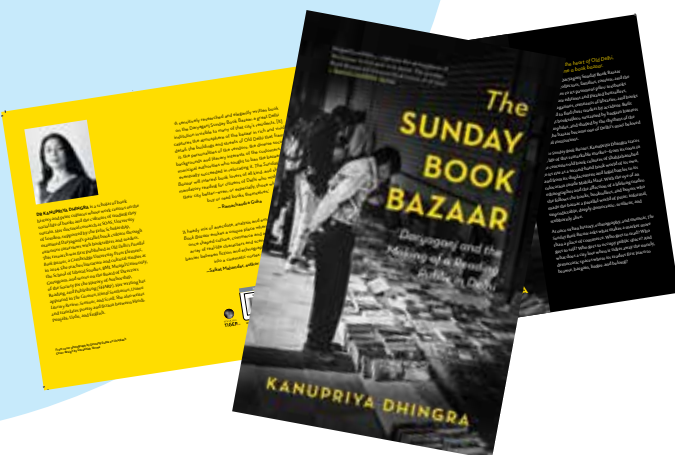
**Where:** Shri Ram Centre Auditorium, Mandi House, Delhi



# WONDERFUL WORLD OF WORDS

In **The Sunday Book Bazaar**, Kanupriya Dhingra traces the life of this remarkable market - from its roots in the book cultures of Shahjahanabad and Daryaganj to its rise as a second-hand book paradise, and from its legal battles and evictions to its relocation in Mahila Haat. Combining urban history, ethnography, fieldwork, and memoir, Dhingra follows the books, booksellers, and readers who make the bazaar a parallel world of print: informal, unpredictable, deeply democratic, and impossible to replace. This is a love letter to second-hand books.

**What:** The Sunday Book Bazaar by Kanupriya Dhingra



# DRAMA IN REAL LIFE

Set in present-day Mumbai, **IF ONLY** follows the intertwined lives of four young adults navigating the complexities of the Hindi film industry. Aaliya, a rising actress battling deep insecurities; Karam, a struggling actor dreaming of becoming the quintessential Bollywood hero; Anika, a talented photographer yearning to be truly seen and understood; and Vedang, a writer striving to find his authentic voice beyond the demands of commercial success. Intense and emotionally charged, 'IF ONLY' explores identity, aspiration, vulnerability, and the cost of chasing dreams in an industry built on illusion.

**When:** 22, 23 and 24 July (7:30 PM)

**Where:** Kiran Nadar Museum of Art, Delhi

## IN FOCUS

### Mega Watch and Jewellery Middle East Show 2026 held in Sharjah

Sheikh Khaled bin Abdullah bin Sultan Al Qasimi, Chairman of the Sharjah Ports, Customs and Free Zones Authority, inaugurated the 57th edition of the **Watch and Jewellery Middle East Show** on 10 June 2026. Organised by Expo Centre Sharjah with the support of the Sharjah Chamber of Commerce and Industry (SCCI), the exhibition continued till 14 June 2026, featuring a record participation of 400 exhibitors from 19 countries. A distinguished line-up of leading global designers and manufacturers of gold, diamonds, gemstones, high-end jewellery, and luxury watches showcased their best products.

During his tour of the exhibition, Sheikh Khaled bin Abdullah Al Qasimi explored the latest product launches, design innovations, and emerging trends presented by local and international jewellery brands and manufacturers. He also visited several major international pavilions featuring luxury watch collections, exclusive diamond jewellery, and high-end gold, platinum, and silver pieces, highlighting the exhibition's role as a showcase for global industry innovation.





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# GURU PURNIMA

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**G**uru Purnima, one of the most revered festivals in India, will be celebrated on 29 July 2026. Observed on the full moon day (Purnima) of the Hindu month of Ashadha, the festival is dedicated to expressing gratitude towards teachers, mentors, and spiritual guides who illuminate the path of knowledge and self-discovery.

In 2026, the Purnima Tithi begins at 6:18 PM IST on 28 July and ends at 8:05 PM IST on 29 July, with the auspicious morning hours considered ideal for Guru Puja and prayers. The day is also celebrated as Vyasa Purnima, commemorating the birth anniversary of Maharishi Veda Vyasa, the sage credited with compiling the Vedas and authoring the Mahabharata.

Guru Purnima holds deep significance across Hindu, Buddhist, and Jain traditions, symbolising the eternal bond between a guru and disciple. It is believed that seeking blessings from one's guru on this day enhances wisdom, spiritual growth, and inner clarity, owing to its association with the benevolent energy of Jupiter (Brihaspati).

**It is believed that seeking blessings of one's guru on this auspicious day enhances wisdom, spiritual growth, and inner clarity**

Devotees mark the occasion by visiting temples, ashrams, and meditation centres, offering flowers, fruits, and sattvic meals, and participating in prayer gatherings and discourses. More than a ritual, Guru Purnima is a heartfelt reminder to acknowledge the mentors who inspire learning, shape character, and guide individuals toward a life of purpose and enlightenment.



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## THE SHAPE OF A QUIET MIN

Some people command attention the moment they enter a room. Others influence the room without ever asking for it. Vedika Mahesh Patil belongs unmistakably to the latter.

At a stage in life when many professionals are still discovering their direction, Vedika has already stepped into one of corporate India's most demanding responsibilities, emerging as one of the country's youngest Independent Directors. Yet what distinguishes her is not her age, nor even the title she carries. It is the quiet confidence with which she approaches every responsibility, her instinct to understand before she speaks, and her belief that meaningful leadership begins with thoughtful observation rather than immediate action.

### A Mind Built on Questions

Growing up in Mumbai, a city defined by relentless movement and constant ambition, Vedika learned something that would later become central to her professional identity: the value of stillness. Amid the city's pace, she developed an ability to pause, observe, and think carefully before acting — a habit that continues to shape every aspect of her work today.

Her introduction to debate came during her school years. Debate gradually became an intellectual discipline that taught her to question assumptions, organise ideas with precision, and defend arguments with clarity and conviction. That discipline eventually carried her onto the global stage, where she earned recognition by winning a Global Level Debate Competition. Looking back, Vedika often credits debating with teaching her something formal education alone could not.

### Oxford, and the Art of Thinking

Vedika's academic journey eventually led her to the University of Oxford, where she pursued advanced studies in Economics. For many, Oxford represents prestige. For Vedika, it represented discipline. She describes the experience not as the pursuit of a qualification, but as an opportunity to cultivate a more thoughtful way of approaching complexity. Economics gave her a deeper appreciation of



**Vedika Mahesh Patil**

markets, institutions, incentives, governance, and decision-making, while Oxford itself reinforced something even more valuable — the patience to resist easy answers. It strengthened her belief that the most meaningful decisions are rarely made quickly. They emerge through careful observation and intellectual curiosity. That curiosity extends well beyond her formal education. Vedika reads extensively across history, philosophy, behavioural science, leadership, and organisational psychology, convinced that the most valuable ideas are often discovered where disciplines intersect rather than where they remain isolated.

### A Consultant by Temperament

Long before corporate appointments became part of her professional journey, Vedika had already begun doing what came naturally to her: helping people think differently. Founders, entrepreneurs, operators, and leadership teams increasingly found themselves seeking her perspective—not because she claimed to have every answer, but because she asked questions that encouraged organisations to see their own challenges more clearly. Today, alongside her responsibilities in corporate governance, Vedika advises founders, family businesses, entrepreneurs, and organisations across sectors on business strategy, governance, organisational development, operational effectiveness, and sustainable growth.

Vedika currently serves as an Independent Director at DJ Mediaprint & Logistics Limited, a company listed on both the BSE and NSE. She regards the role as more than a professional milestone—it is an opportunity to contribute to sound governance, thoughtful oversight, and long-term institutional growth. The Company's diverse operations across print and media communication, advertising, data management, digitisation, records management, warehousing, distribution, logistics, and specialised mobility solutions within the aviation ecosystem reflect the importance of precision, adaptability, and disciplined execution—qualities that closely align with Vedika's own approach to leadership and governance.

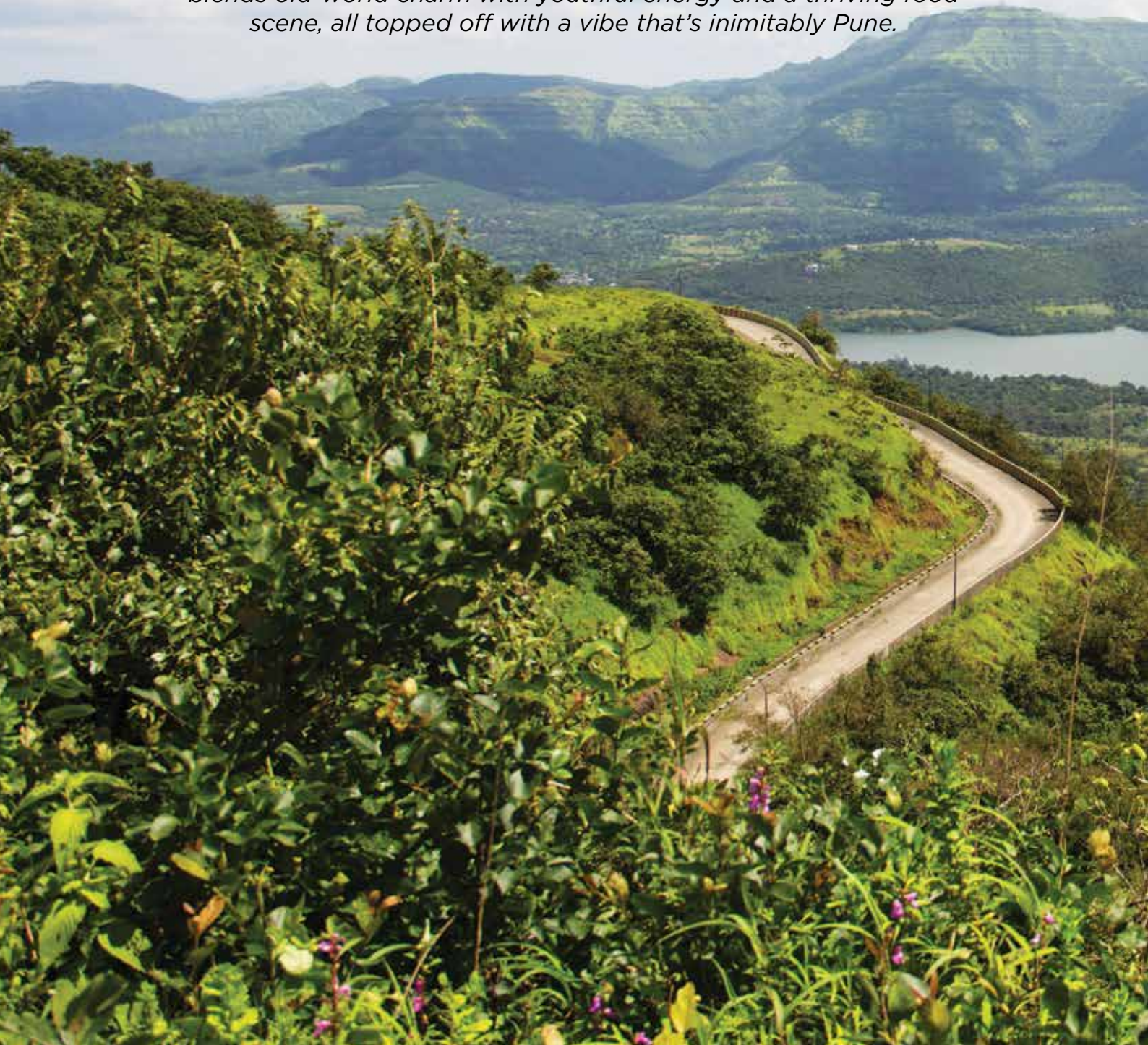
She resists describing herself as a strategist alone. If asked, she is more likely to describe herself as a listener or a structured thinker. Every engagement begins with the same philosophy: before attempting to change a business, understand why it functions the way it does. For Vedika, consulting has never been about offering advice. It has always been about helping businesses see themselves more clearly.

In an age that often mistakes noise for leadership, there is something deeply reassuring about a young leader who understands the difference. And somewhere above the clouds, as this aircraft moves quietly towards its destination, that feels like exactly the kind of story worth carrying home.

# PLEASURES OF **PUNE**

AYUSHI ANAND

*Pune is not a city that reveals itself in a hurry. It's best experienced slowly, one cup of coffee, one heritage landmark, and one memorable meal at a time. Maharashtra's cultural capital blends old-world charm with youthful energy and a thriving food scene, all topped off with a vibe that's inimitably Pune.*





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FLIGHTS  
TO **PUNE** FROM  
VARANASI,  
JAIPUR AND  
OTHER CITIES

## 1 WAKE UP WITH THE CITY

Begin your day before Pune awakes in one of the city's most recognised spaces. Join joggers and devotees as you climb the stone steps up Parvati Hill, to watch the sun rise and the city emerge from the morning haze. Home to centuries-old temples, the hill offers panoramic views of Pune's sprawling cityscape.

**Next stop: 15 minutes' drive**



## 2 WHERE PUNEKARS BREAKFAST

You can't miss the traditional Pune breakfast on Fergusson College Road, where some of the city's most beloved eateries have been serving locals for decades. Settle in for a filling spread of *dosas*, *idlis*, *vadas*, and filter coffee. For South Indian staples (and *Puneri Misal*), drop in at the iconic Vaishali or Roopali restaurants. And for traditional Maharashtrian fare, Wadeshwar is a must-try.

**Next stop: 10 minutes' drive**

## 3 WHISPERS OF THE PAST

Travel back in time with a visit to Shaniwar Wada, the grand fortification that once served as the seat of the Peshwas of the Maratha Empire. Walk through the imposing Delhi Gate and explore the expansive grounds where royal courts, gardens, and palaces once stood. Though much of the original structure was destroyed by fire, the ruins still evoke the grandeur of a bygone era.

**Next stop: 10 minutes' drive**

## 4 LUNCH, THE MAHARASHTRIAN WAY

After a morning of sightseeing, head to Durvankur Dining Hall for a classic

Pune culinary experience. Known for its generous Maharashtrian thali, the restaurant serves an ever-changing spread of vegetables, *dals*, *chapatis*, *puris*, rice preparations, *farsan*, and traditional desserts. Hearty, flavourful, and deeply satisfying, a meal here is a showcase of the depth and diversity of the region's cuisine.

**Next stop: 15 minutes' walk / 5 minutes' drive**

## 5 STORIES, HIDDEN IN PLAIN SIGHT

Step into the fascinating Raja Dinkar Kelkar Museum, where Pune's cultural heritage comes alive through an extraordinary collection of everyday treasures. Hidden in the heart of the old city, the museum takes visitors on a journey through India's artistic and social history



with intricately carved wooden doors, traditional lamps, musical instruments, textiles, and handcrafted artefacts collected from across the country. One of its most captivating attractions is the recreated Mastani Mahal, which offers a glimpse into the romance of the Peshwa era.

**Next stop: 20 minutes' drive**

## 6 TEA & NOSTALGIA AT KAYANI

As afternoon gives way to evening, make your way to the legendary Kayani Bakery. Established more than a half-century ago, this celebrated bakery remains one of Pune's most cherished institutions. As you step inside, you are greeted by the aroma of freshly baked treats and an unmistakable sense of nostalgia. Order a box of the famous Shrewsbury biscuits, delicately crumbed and of buttery texture, and pair them with a slice of Kayani's beloved Mawa cake, rich, moist, and wonderfully fragrant.

**Next stop: 30 minutes' drive**



## 7 PAUSE AT AGA KHAN PALACE

Head to the elegant Aga Khan Palace, one of Pune's most significant historical landmarks. Built in 1892, the palace played an important role during India's freedom movement and later served as a place of internment for Mahatma Gandhi, Kasturba Gandhi, and other freedom fighters. Today, this lovely structure stands amidst spacious gardens that invite quiet reflection, and takes on a special beauty during late afternoons, when sunlight bathes its arches and corridors in warm, golden tones.

**Next stop: 10 minutes' drive**

## 8 KOREGAON PARK & GERMAN BAKERY

As evening settles over the city, Koregaon Park calls. The leafy streets of Pune's most cosmopolitan neighbourhood are lined with

boutiques, cafés, and restaurants, making it one of the most enjoyable areas to explore after dark. Begin at the laid-back German Bakery – for long a part of Pune's social fabric, and a favourite among travellers and locals alike – and follow it up with a leisurely walk through the locality, before dinner at one of Koregaon Park's many restaurants.

**Next stop: 30 minutes' drive**

## 9 THE SHAKE THEY SWEAR BY!

Complete your Pune experience with a pit stop for Cad (M) and Cad (B). Tucked away in the city and known almost entirely through word of mouth, these legendary chocolate shakes have achieved cult status. Thick, creamy, and unapologetically indulgent, they are a rite of passage for anyone visiting Pune ●



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For the brave men and women of the Indian Armed forces who are keeping the nation safe, SpiceJet offers up to 21 per cent discount on base fares. The discount is valid on bookings that are made on the SpiceJet website, mobile app or through our reservation numbers. It is also available at select airport ticketing centres. The discount is applicable on domestic flights for both one-way and return journeys. The bookings made under this fare are changeable and refundable, but are not transferable.



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# INDO-UAE PROP EXPO SINGAPORE



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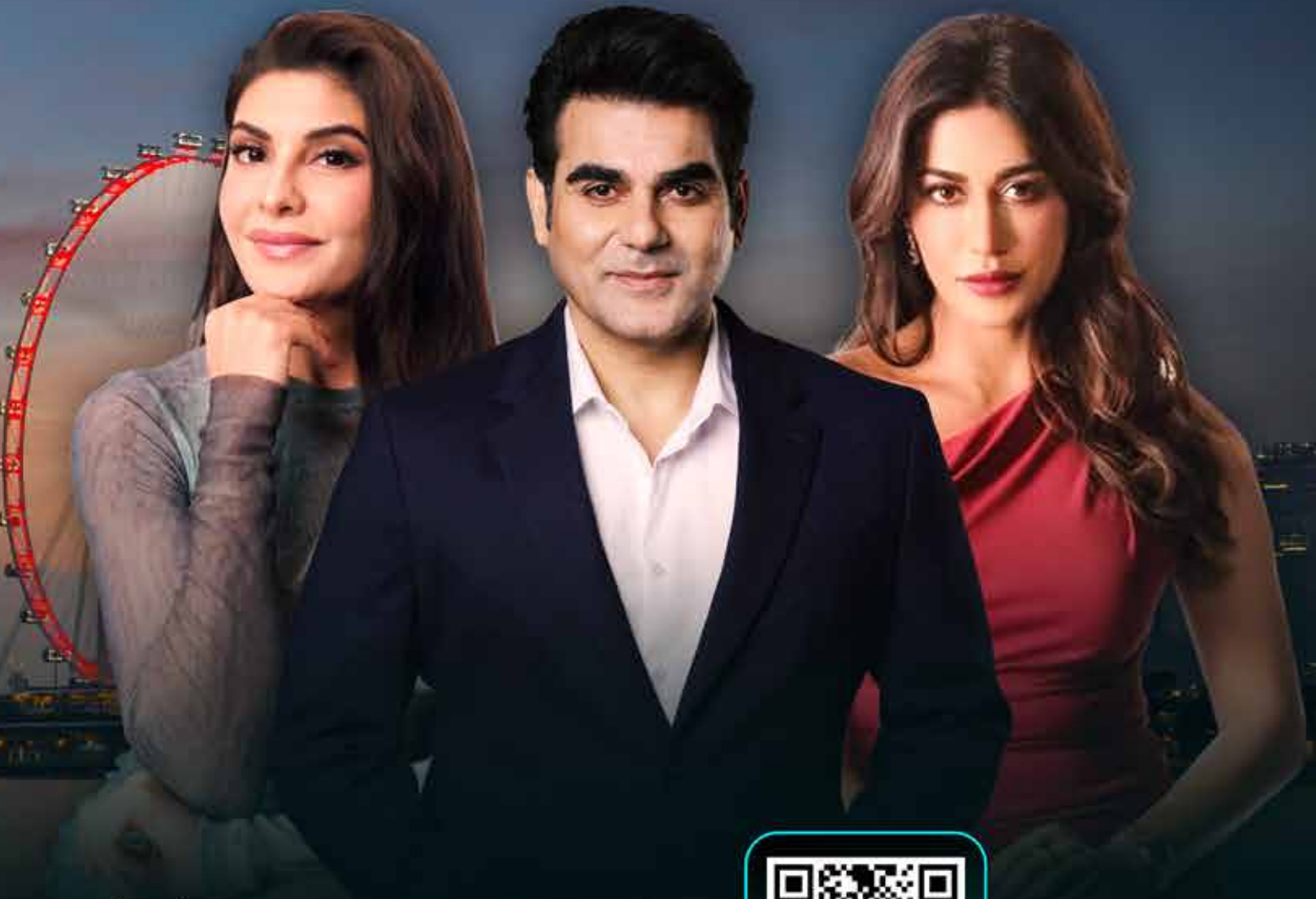
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# LIVE LONG TRAVEL LONGER

MANJULIKA PRAMOD

**While frequent sightseeing trips and bucket-list driven itineraries have long dominated travel plans, a new trend has gained momentum, one that prioritises health, a robust metabolism, and age-focused regenerative therapies. Are you ready for Longevity Tourism?**



nce niche, Longevity Tourism is redefining why people travel: to undergo a full health review while seeking to tap advanced wellness knowhow and science-backed cellular treatments. Indeed, health-conscious travellers today are happy to pause, recharge, and embrace the importance of looking after their body, improving their health-span, and elevating their overall quality of life.

## What Is Longevity?

“If you don’t fix your body, you cannot fix your mind and intellect,” says Colin Gary Hall, founder of Spa Wallah and an expert on wellness. **The idea is real longevity is built, not hacked. Because in the end, the goal is clear: not just more years, but better years – years that are lived, not endured.**

Dr. Kiran Sethi – a skin, longevity, and lifestyle expert, and medical director, Isya Aesthetics – believes that true longevity is an “inside-out” revolution. “Real longevity means intervening at the cellular level today to protect your biological architecture for tomorrow. It is about feeling as energetic, sharp, and resilient at 60 as you did at 30.” Kiran’s programmes begin with a comprehensive assessment of skin, hair, blood markers, diet, lifestyle, sleep, and energy levels, complemented by advanced diagnostics such as DNA testing and OligoScan to uncover deeper genetic and tissue-level insights. Designed to support healthy ageing and metabolic vitality, the approach is anchored in four key pillars: Hyperbaric Oxygen Therapy (HBOT), Localised Cryotherapy for recovery

and inflammation management, Advanced LED Photobiomodulation for repair and rejuvenation, and personalised nutrition and structural care for long-term wellbeing.

According to Dr. Varun Veer, founder of Lifeyoga, the foundations of longevity are as simple as regular movement, restorative sleep, wholesome nutrition, meaningful relationships, mental stillness, and a clear sense of purpose. “Longevity is the cultivation of a life that remains meaningful, energetic, and conscious from beginning to end,” he adds.

While many modern longevity approaches focus on optimising the body through technology, data, supplements, and medical interventions, Lifeyoga adopts a more holistic perspective.

## Living & Travelling More

India’s centuries-old quest for longevity blends the wisdom of Ayurveda with preventive medicine and tech-assisted wellness, now augmented by the cellular-level interventions enabled by modern science.

For vacationers committed to proactive health and sustained vitality, longevity programmes offer a path to well-being. **While retreats in the foothills of the Himalayas have led the way in ‘luxury longevity’ and preventive wellness, Kerala continues to tempt seekers with Ayurveda-led preventive healthcare packages.** Meanwhile, Delhi, Mumbai and Pune aren’t far behind in offering integrative medicine, cutting-edge diagnostics, and biohacking.



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**Clockwise from Top**

*Ananda in the midst of pristine nature offers many longevity programmes.*

*State-of-art Oriental Therapy in the above resort.*

*Cave-like living at Swastik Wellbeing.*



**SPICEJET OFFERS  
FLIGHTS  
TO KOCHI FROM  
DUBAI AND  
CHENNAI**

### **Idyllic Village**

At Somatheeram, longevity is understood not merely as extended lifespans but enhanced health spans, embracing vitality, mental clarity, emotional balance, strong immunity, and a superior quality of life. Unlike many modern longevity models that focus primarily on technology, supplements, or biological markers, Somatheeram follows the Ayurvedic way rooted in centuries of traditional wisdom. Rather than relying on a single therapy, a combination of treatments is used in a manner that is both structured and personalised. Here, uniquely, healing is integrated with the environment, the stunning natural beauty of the resort's Kerala location drawing international travellers. Further, its peaceful and meditative atmosphere is ideal for physical and psychological rejuvenation, with daily yoga sessions, Ayurvedic cuisine, wellness guidance, and lifestyle counselling making up a guest's daily routine.

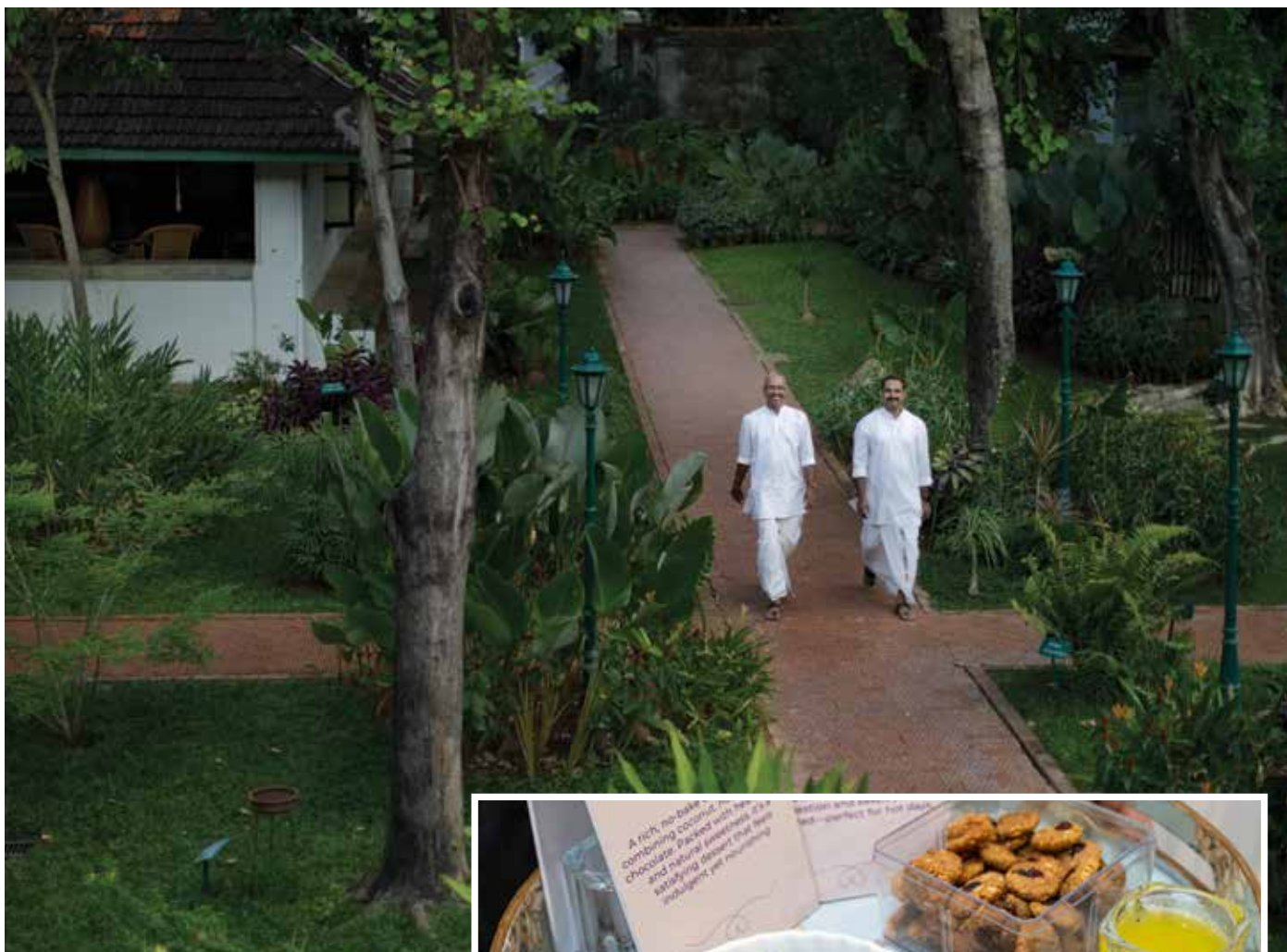
So, if Longevity Tourism has caught your interest, here are four perfect escapes to consider:

### **Himalayan Abode**

In the foothills of the world's highest mountain range, amidst awe-inspiring vistas of nature, lies Ananda - a spa and wellness destination that is a beacon for travellers searching for deeper healing. Its nature-led approach, endeavouring to reinforce physical and mental well-being, encompasses 80 different services. **Here, science-backed diagnostics and tailored longevity journeys - all in a luxurious setting - ensure that preventive care is as rewarding as it is reviving.** Renowned worldwide, Ananda combines Ayurveda and personalised care to create transformative wellness experiences that support longevity and lifelong welfare.

**WHERE: Narendra Nagar, Tehri-Garhwal, Uttarakhand**





WHERE: Near Kovalam, south of Thiruvananthapuram, Kerala

## Natural Wellbeing

Guhas, one-of-its-kind cave-like living spaces, are what catch the eye at Swastik Wellbeing. In this new-age luxury wellness sanctuary, longevity is seen through a holistic lens that addresses the interconnected pillars of healthy ageing. The retreat's cellular vitality and longevity programmes marry Ayurvedic therapies such as Panchakarma – to support detoxification and metabolic balance – with naturopathic practices – including hot and cold immersion therapies, infrared sauna sessions, therapeutic detox protocols, and acupuncture therapies – that encourage regeneration and resilience. Alongside, mindfulness practices, yoga, meditation, breathwork, and cognitive wellness sessions help boost circadian rhythms, reduce stress, and support mental clarity.

WHERE: Khadakwasla, Pune, Maharashtra



### Clockwise from Top

*Kalari Kovilakom offers peaceful living in eco-friendly rooms.*

*A specially curated menu at Isya Aesthetics.*

## Slow Living

If longevity seeks to slow the biological processes of ageing, Panchakarma represents Ayurveda's centuries-old pathway to the same goal – through detoxification, rejuvenation, and preventive wellness. Indeed, at the forefront of Kalari Kovilakom's therapeutic offerings is Panchakarma, a treatment that embodies the ancient wisdom of Ayurveda. A Sanskrit term meaning 'five actions' or 'five

treatments', Panchakarma incorporates a comprehensive approach to cleanse and revitalise the body, mind, and spirit. At its core, it shares the philosophy of longevity medicine: purification, renewal, and the restoration of balance. Since 2005, CGH Earth has blended Ayurvedic healing with medical care, their 14, 21 and 28-day programmes designed to deliver deeper, more lasting, outcomes.

WHERE: Near Kollangode, Palakkad district, Kerala ●

# The Eternal Charm

SHIBANI BAWA

VARANASI

Varanasi, or Banaras, is best experienced slowly—at sunrise on the river, during the evening aarti, through its bustling bazaars, and over street food savoured standing in its lanes.



**SPICEJET OFFERS  
DIRECT FLIGHTS  
TO VARANASI FROM  
DELHI, MUMBAI AND  
OTHER CITIES**



**V**aranasi is unique in many ways. Not only because it is considered to be the world's oldest living city, dating back more than 3,000 years, but because it leaves an indelible impact on whoever visits. It overwhelms you, surprises you, jolts your senses, and somehow, its omnipresent chaos leaves you calmer than before. It is also not an easy city that one falls in love with instantly.

In Varanasi, devotion and daily life have always gone hand in hand. Temples appear at every turn and life unfolds along the ghats with a kind of intensity that feels both chaotic and deeply moving (it is fairly common to see loved ones carrying the deceased towards the funeral pyre). But beyond its Hindu identity, the city has long

been a meeting point for Buddhists, Jains and Muslims too, and integral trading stop with many of its master craftsmen continuing traditions that have defined Varanasi for centuries. Somewhere within all the noise, narrow lanes and traffic snarls is a strange sense of peace—one that only this city seems to understand.

## OF TEMPLES GHATS AND EVENING AARTI

In Varanasi, the Ganga is not merely a river but a living deity, shaping the spiritual rhythm of the city. As evening falls, the ghats come alive with the mesmerizing Ganga *aarti*, where priests move in perfect synchrony, lamps blaze through curls of incense, and chants ripple across the water. At Dashashwamedh Ghat, the evening *aarti* dazzles with fire and chants, while Assi Ghat offers quieter dawn rituals during Subah Banaras. Along the Ganges, Varanasi's 84 ghats each have their own character, ranging from the cremation fires of Manikarnika and Harishchandra Ghats to the newly

developed Namoo Ghat at the city's northern edge.

Beyond the riverfront, devotion spills out of countless temples. Step into the newly expanded Kashi Vishwanath Corridor or wander through the serene expanse of Sarnath, and Varanasi unveils its calm soul. While the revered Shri Kashi Vishwanath Temple is home to one of 12 sacred Jyotirlingas, there are also the esteemed Kaal Bhairav Mandir and Sankat Mochan Hanuman Temple, each drawing millions of pilgrims seeking blessings, protection and solace. If you don't get sucked into the rituals, it's easy to spend hours at each of these, soaking in the vibrant energy—with more than 100,000 temples, there are temples of all sizes and for innumerable deities.

## BEAUTY IN SILK AND HANDCRAFTED LEGACY

Shopping here feels less like retail and more like stepping into a living workshop. In Gol Ghar, Varanasi's bustling wholesale hub, traders, weavers and artisans move through stacks of brocades and shimmering silks fresh off the loom. Jewel tones, intricate motifs and classic gold zari come without the inflated prices of metropolitan boutiques, making these heirloom textiles surprisingly accessible. Beyond silk,



the city's creative identity deepens in its narrow lanes, where the endangered art of *gulabi meenakari*—delicate pink enamel unique to Banaras—is being revived. Once nearly lost, it has returned through government support and artisan initiatives, with around 50 families practising it again and younger generations being trained. Nearby, Bhadohi is the largest carpet weaving cluster in the country, producing hand-knotted and hand-tufted carpets for global markets. These are just a few examples of how Varanasi's craftsmanship is a living tradition passed carefully from hand to hand across generations.

## VARANASI ON A PLATE

The city feeds the soul and the stomach with equal generosity, and nowhere is this more evident than in its bustling gullies, where every few steps bring a new aroma and a new specialty.

The day often begins with chai, Lakshmi Chai Wala pairs it with the city's beloved "scissor toast", thick slices of bread snipped in the middle and stuffed with unapologetic amounts



of butter. Breakfast in Banaras is serious business, and few places capture that better than the *kachori-sabzi* at Ram Bhandar. The flaky *kachoris*, paired with a fiery potato curry, are legendary, and for good reason.

Then comes the *chaat*, any day, every day. At places like Kashi Chaat Bhandaar and Deena Nath Chaat Bhandaar, the choices include the special *tamatar ki chaat* simmered with spices and topped with crisp sev, buttery *matar ki chaat*, and even *poha* prepared in a distinctly Banarsi style. Evening time, one look at Vishwanath Sahu's golden-crisp *samosas* and you know why the simplest snack is an institution in this city. For something lighter, there is the dreamy *malaiyyo* at Pahalwan Lassi, light and airy delicacy made from milk froth and dew, and of course, the *lassi* itself is special as it is

### Clockwise from Top Left

*Varanasi is known for its street food; from chaat, kachori, lassi and thandai, the list is endless.*

*The most exquisite Banarasi sarees are known for its richness and elaborate design*

*The seat of Hindustani classical music, one can enjoy soulful music renditions when in Varanasi*

thick enough to be eaten with a spoon! And finally, the *Banarasi paan* owes its special flavour to the betel leaf itself, prized for its natural sweetness and delicate texture that ensures that you don't need to chew it—it literally melts in the mouth over time.

## MORNING RAGAS AND EVENING DANCE RECITALS

In Varanasi, classical music and dance are woven into the city's everyday rhythm. Kabir Chaura remains the heart of this legacy, home to the celebrated Banaras tabla gharana founded by Pandit Ram Sahai. The city's soulful thumri tradition still lingers in intimate performances, while Kathak thrives through expressive storytelling and intricate footwork passed down across generations. The haunting sound of the shehnai recalls Banaras's deep spiritual ties to music, shaped by legendary maestros and enduring guru-shishya traditions that continue to define the cultural soul of the city ●




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**“IF STORY  
EXCITES ME,  
MEDIUM BECOMES  
SECONDARY,,**

There is simplicity and honesty in **Vaibhav Tatwawadi's** acting. The actor's journey has always been about the story rather than the medium, allowing him to effortlessly navigate Marathi cinema, Hindi films, and web series. He opens up about playing a real-life character on screen, learning from the best talents, and the road ahead...

DEEPA NATARAJAN LOBO

**You have seamlessly balanced Marathi cinema, Hindi films, and web series – which medium do you enjoy the most?**

Honestly, I don't look at them as separate mediums anymore. For me, it's always about the story, the character, and the people I'm collaborating with. Each medium has its own strengths. Theatre teaches you discipline and presence, films allow you to explore details and nuances, and OTT has opened doors for layered storytelling. As an actor, I feel fortunate that I get to experience all three. If the story excites me, the medium becomes secondary.

**In 'Made in India: A Titan Story', you portray a real-life figure, what kind of preparation did you undertake for this role, and what was the biggest challenge?**

Yes, in the series I have played the character of Akash Bansal - one of Titan's co-founders. Whenever you are portraying a real person, the responsibility automatically increases. I spent a lot of time understanding not just the individual but also the era, the vision, and the larger journey behind the creation of Titan. The challenge was to capture the spirit of a business leader without making the performance feel overly technical or documentary-like. At the end of the day, audiences connect with people and emotions, not just achievements. Finding that human

**Whenever you are portraying a real person, the responsibility automatically increases. I spent a lot of time understanding not just the individual but also the era and the vision**

side was the most important part of the preparation.

**Sharing screen space with actors like Naseeruddin Shah and Jim Sarbh must have been a masterclass in itself. What did you take away from that experience?**

Absolutely. Watching actors of that calibre work is a learning experience

in itself. Naseer sir has an incredible command over rhythm, stillness, and truth in performance. Jim brings tremendous intelligence and originality to every scene. Great actors don't try to impress; they listen, respond, and stay truthful to the moment. That is something I constantly strive to learn and practice.

**With the rise of OTT platforms, do you as an actor feel this is the most exciting time to be part of the entertainment industry?**

Without a doubt. Today, audiences are open to stories from different languages, cultures, and genres. A compelling story can travel across the country and even across the world. As actors, we are getting opportunities to play more layered and unconventional characters. The boundaries that once existed are disappearing, and that's incredibly exciting.

**In an industry that is constantly evolving, what do you think is the key to staying relevant while remaining true to yourself?**

Curiosity. The moment you stop learning, you stop growing. I try to stay open to new formats, new filmmakers, and new ideas, while remaining grounded in the values that brought me here. Trends will come and go, but authenticity never goes out of style.





Vaibhav Tatwawadi and Naseeruddin Shah in a still from the latest series - *Made In India: A Titan Story* being screened on Amazon MX Player

**Is there a genre or character type that you would love to explore?**

I would love to explore psychologically complex characters and stories that challenge me as an actor. I've always been drawn to roles that have emotional depth and internal conflict. At the same time, I would love to do more comedy, because making

people laugh convincingly is one of the toughest things for an actor.

**Every actor faces rejection at some point. What helped you stay motivated during challenging phases of your journey, and what can aspiring actors learn from that experience?**

Rejection is not an exception in this profession; it is part of the process. There were times when things didn't go my way despite my best efforts. What helped me was focusing on growth rather than outcomes. I kept training, learning, and improving. My advice to aspiring actors would be not to attach your self-worth to a single audition or project. Success is rarely overnight. Consistency, patience, and resilience are far more important than instant results.

**What advice would you offer those trying to build a sustainable career in the industry?**

Focus on longevity rather than quick success. Keep working on your craft. Be professional, be punctual, and be kind to people. Talent is important, but so are discipline and consistency. Also, build a life beyond acting. The industry

**Rapid Fire**

**Theatre or cinema?**

Theatre. That's where I fell in love with acting

**A comfort dish you enjoy after a long day?**

Just a simple home-cooked meal

**An actor you'd love to share screen space with?**

Amitabh Bachchan

**If not an actor, what would you have been?**

A professor

**A recent film you really enjoyed watching?**

I haven't been able to watch anything recently!



can be unpredictable, and having a strong sense of self helps you navigate both success and failure.

**Can you give us a glimpse of the projects that are in the pipeline?**

There are a few exciting projects currently in different stages of development, including work across multiple languages. I'm also looking forward to exploring stories that push me into unfamiliar territory as a performer. At this stage, growth and exploration are what excite me the most ●



# Sweet Surprise Japanese Style

Simple yet sophisticated, Japanese desserts are enjoying a moment in India, courtesy of their subtle flavours and varying textures.

**BINDU GOPAL RAO**



**F**

For a large part of Japan's past, sweets were imagined as an expressive art form rather than simply a conduit for sugar. "In fact, for much of Japanese history, sugar was expensive and not widely accessible, so ingredients such as chestnuts and sweet potatoes were often used to create sweetness," reveals Nooresha Kably, chef and co-founder of Mumbai hotspots Izumi and Idoru. Traditional Wagashi makers sought to capture a fleeting moment or the essence of a season through a sweet. Much like a haiku, a Japanese sweet can express so much through its appearance, aroma, texture, and flavour.



Japanese Caramel Purin Cake

Wagashi, the Japanese sweets she refers to, are more like confectionery than the puddings and pastries found in many other cuisines. They evolved alongside the Japanese tea ceremony as bite-sized sweets designed to balance the bitterness of tea. Japanese desserts encompass both these traditional confections and more modern creations that emerged through Western influence. “As a result, they tend to be simpler than the elaborate desserts one might find in other cultures. They are delicate and have a sense of purity about them,” explains Kably.

“Like the rest of Japanese culture, wagashi are deeply seasonal. You’ll find sakura and strawberry flavours in spring, watermelon-inspired sweets in summer, chestnut and sweet-potato desserts in autumn, and warm, syrupy,

**Perhaps the most important shift, however, is the growing emphasis on ingredient-driven storytelling. Diners today want to know where their food comes from, and the people behind it.**



and flambéed or yakimochi desserts during winter,” she adds.

**Of Taste & Texture** Mochi – a dessert that is light, not overwhelmingly sweet, and fun to eat – has been trending for a while now. Another is the Japanese-style cheesecake, which has become quite the favourite due to its texture, light and airy compared to the heavier and creamier standard cheesecake. “We have a lovely Japanese cheesecake which we top with mango compôte, since it’s mango season. The versatility of the dessert lends itself well to the changing season,” maintains Ashley D’Souza, Head of Operations, Bangalore & New Markets, Ammi F&B Services, Katana.

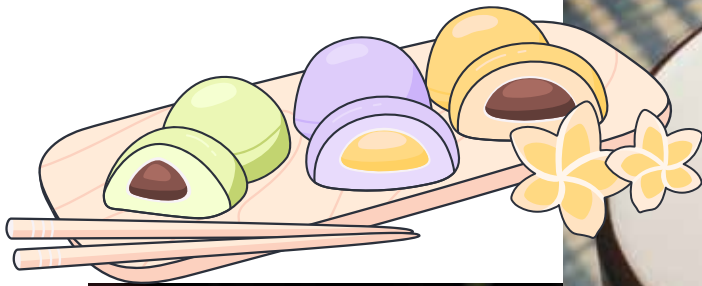
Besides the lightness of the cheesecake – not too heavy, just right, and the perfect end to a great meal – it’s the contrast in textures that makes this dessert such a big draw, according to Nikhil Menon, Cluster Head Chef & Head Pastry Chef at Mizu Izakaya, Mumbai. “Imagine biting into the gummy exterior of a mochi with cold and smooth strawberry ice cream, and tart, sweet strawberry jam. Or biting into a cheesecake which looks dense, but when you take a bite, it just melts like a cloud,” he tempts. “It takes you on a sensorial journey which is worth experiencing.”

These desserts use several quintessential ingredients, which gives them their unique taste and texture, among them mochigome (glutinous rice, used primarily in mochi) and the hugely popular matcha, which is derived from tea leaves. Says Anand Morwani, Chef Partner, Gaijin, Mumbai, “At Gaijin, we take inspiration from these ingredients while interpreting them through our own lens. For example, our chocolate fondant incorporates miso and is paired with a goma (sesame) ice cream, creating a balance between richness, sweetness, and umami. Similarly, our Brie cheesecake uses wasabi sesame crackers and pink peppercorn honey, borrowing from Japanese flavour profiles while introducing elements that feel contemporary and unexpected.”

**Delicate & Delectable** Japanese desserts are undergoing a fascinating evolution, where tradition and innovation coexist beautifully. “While classic favourites such as mochi, dorayaki,



Black Sesame Ice-cream



Corn and burnt milk  
cheesecake with butter  
crack popcorn ice cream

and Japanese cheesecakes continue to be popular, there is a growing movement towards what many chefs call 'third-culture desserts', creations that blend Japanese techniques and ingredients with influences from around the world," mentions Debolina Datta, Junior Sous Chef, Tomo Kei, Sheraton Grand Bengaluru Whitefield Hotel and Convention Centre.

Among the most exciting trends is the rise of hybrid desserts, which combine the familiarity of Western pastries with distinctly Japanese flavours and textures. "We are seeing ingredients such as matcha, yuzu, miso, hojicha, kinako, and black sesame being incorporated into everything from croissants and mille-feuille to cheesecakes and ice creams. There is also increasing experimentation with umami-forward desserts, where ingredients like miso add complexity and depth rather than simply sweetness," Datta adds.

Perhaps the most important shift, however, is the growing emphasis on ingredient-driven storytelling. Diners today want to know where their food comes from, and the people behind it. Japanese dessert culture has always championed such a philosophy through its respect for seasonality and provenance, making it particularly relevant to contemporary dining. Indian chefs are adapting these trends through a local lens; rather than simply recreating Japanese desserts, they are pairing Japanese techniques with indigenous ingredients, regional produce, and local stories. The result is desserts that feel both globally inspired and deeply rooted in place ●

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# THERAPY Fur All!

Pet Yoga answers to the needs of many of us looking to disconnect from stress, slow down, or simply feel good about ourselves.

DEEPA NATARAJAN LOBO



# W

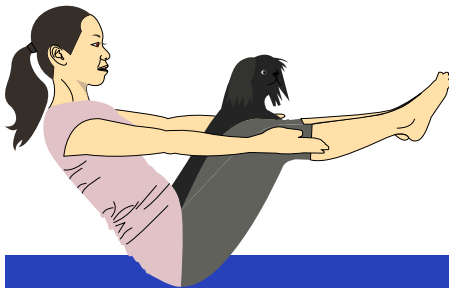
hen Bengaluru-based corporate professional Charu Periwal Dugar heard about a puppy yoga session being hosted in the city by the pet wellness collective Pawsitive, she signed up almost instantly. "I have always enjoyed working out and the moment I saw that it was yoga with puppies, I was overly excited and went for the session with a group of friends," she recalls with a laugh.



Inside the cosy venue, around 30 participants rolled out yoga mats while nearly two dozen playful puppies wandered freely between them. Some curled up quietly in laps while others strutted around the room, climbing onto the backs of the participants mid-pose or demanding cuddles.

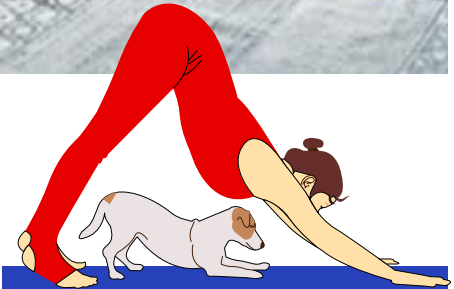
“More than the workout, we were just having fun around the puppies because they were literally all over us. There was absolutely no stress,” she describes. “If you wanted to do the yoga, you could. If you just wanted to sit and chill out with the dogs, that was also completely fine.”

**Hold That Pose!** With International Yoga Day around the corner, Pet Yoga (often called puppy yoga, or Doga) seems to be catching the attention of a growing number of urban professionals, students, families, and even first-time yoga practitioners looking for something softer and more emotionally uplifting than a traditional workout.

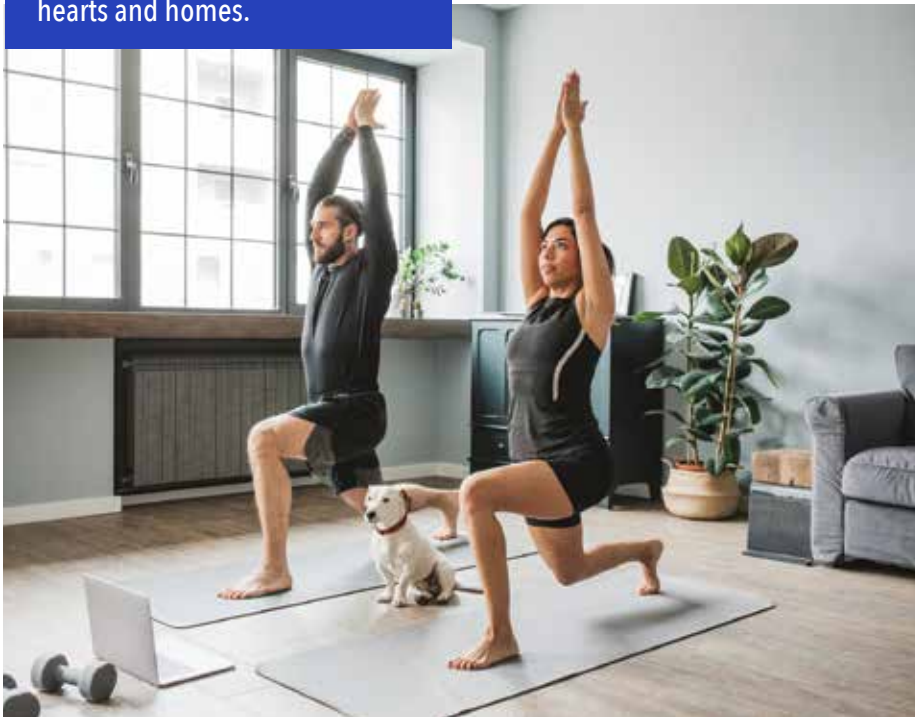


Healing feels better when rescue animals bring comfort to both hearts and homes.

Subhashree Madhavan is co-founder of Chennai-based Pawga, India's first pet-yoga and experiential adoption initiative that organises sessions across cities. “Sinduja (Krishnakumar) and I have been friends since our undergraduate years, always driven by a shared desire to create meaningful change,” she reveals, adding, “After discovering the concept of goat yoga, we wondered why India couldn't have puppy yoga. What began as



It isn't just yoga – it is a room full of wagging tails, happy hearts, cuddles, and absolutely no stress



an experiment evolved into Pawga, a movement aimed at encouraging adoption, and creating awareness and changing the narrative around rescued animals across India.”

Founded in 2019, Pawga combines beginner-friendly yoga sessions with free interaction with shelter puppies and rescued indie dogs. A large part of its mission is centred around adoption awareness and welfare for shelter animals, with a portion of the proceeds from every session supporting rescue initiatives. “The animals are free to roam, cuddle, and socialise, creating a stress-free environment for both humans and animals,” informs Subhashree.

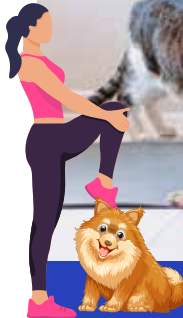
The yoga routines are devised to accommodate the animals. In the puppy-yoga session attended by Charu, the instructor carefully chose simple, undemanding poses that participants could comfortably perform even with puppies climbing onto them. “I had one

tiny puppy sitting on my lap for most of the session and I could still do some of the asanas," she shares. "Nothing was strenuous. It was all designed in a way where you could actually do it with the puppies around you."

**Wellness Beyond Workouts** In a post-pandemic culture shaped by burnout, digital fatigue, and loneliness, many people are moving away from rigid fitness formats towards wellness experiences that feel gentle, emotionally restorative, and socially engaging. Dr. Murali Krishna—Visiting Consultant-Psychiatry & Counselling Services at Aster RV Hospital, Bengaluru—believes the appeal of pet yoga lies in the way it combines movement, mindfulness, and emotional companionship.

"The rapid city environment results in many people developing stress symptoms, together with feelings of loneliness and extended work hours. Extended periods on the screens for work and otherwise is causing a lot of screen fatigue," Dr. Krishna explains. "Yoga practice, which includes pet companionship, establishes a peaceful yet happy atmosphere that enables people to find relaxation and restore their emotional energy."

According to Subhashree, the sessions have also created unexpected



Beyond a trend, it becomes a space for connection and healing

moments of connection among strangers. "We've seen children become more compassionate towards animals, and individuals dealing with loneliness find moments of joy and peace," she notes. "Beyond yoga, the sessions become a space for emotional release, mindful connection, and community-driven healing."

emotional and healing experience in reality," emphasises Subhashree. "We've seen people who came in stressed or emotionally exhausted leave feeling lighter, calmer, and more connected."


Besides, such get-togethers help rescued animals engage with humans. Charu sums it up best. "Dogs are naturally therapeutic. Just being around them makes you feel lighter" •

"What may appear as a fun social-media trend often becomes a deeply


Yoga, mindfulness, and companionship create a gentle space where stressed minds can pause, heal, and recharge




### Pet Yoga For Starters

Interaction with animals may help lower cortisol levels and boost oxytocin, often called the feel-good hormone 

 • Many pet-yoga sessions in India collaborate with shelters and rescue groups to encourage adoption

• Most pet-yoga classes are designed for beginners and focus more on relaxation than intense fitness 

 • Some organisers include calming add-ons like breathwork, meditation, herbal teas, or matcha counters

• Organisers say several attendees eventually go on to adopt pets after interacting with rescue animals during sessions 

# WORLD UFO DAY

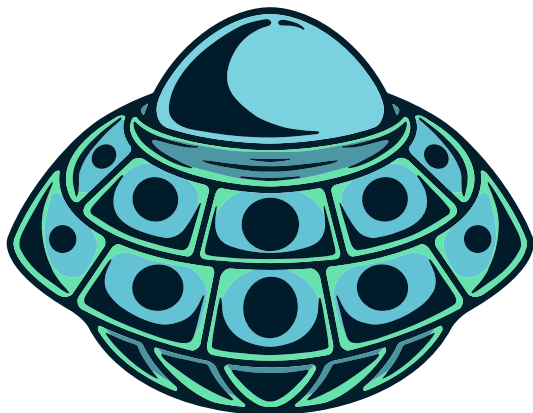


## START OF A UFO LEGEND

Initially described by the U.S. military as a recovered “flying disc”, the debris was later identified as part of the secret Project Mogul surveillance balloon programme. The incident nevertheless became the foundation of modern UFO folklore.



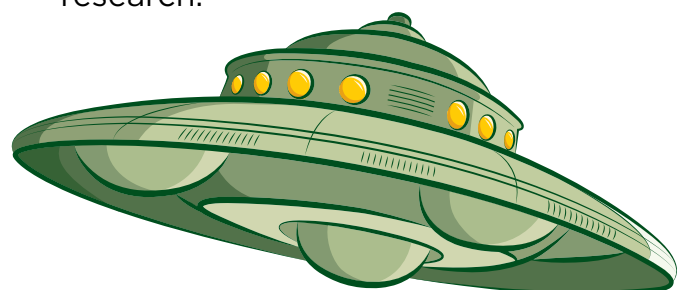
Every year on 2nd July, World UFO Day sparks curiosity about unidentified flying objects (UFOs), extraterrestrial life, and humanity’s ongoing fascination with the unknown. The day commemorates the famous Roswell incident of 1947 and encourages discussions around and scientific inquiry into unexplained aerial phenomena. While no confirmed evidence of alien spacecraft exists, UFO sightings continue to capture public attention worldwide.



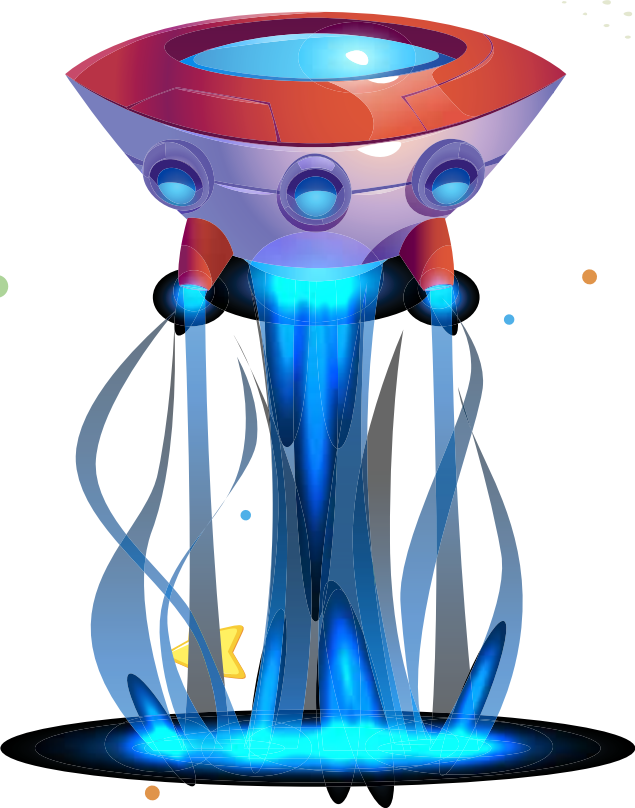
The date marks the anniversary of the **alleged Roswell UFO incident in New Mexico, USA, in 1947**, one of the most famous events in UFO history.

## The Roswell Incident

**On July 2, 1947, an object crashed near Roswell, New Mexico.** Nearly eight decades later, it remains the most famous UFO-related event in the world and continues to inspire books, documentaries, and research.



According to the U.S. Department of Defense's All-domain Anomaly Resolution Office (**AARO**), **757 sightings were reported in a recent UFO/UAP** reporting period, including 485 new cases. However, investigators found no evidence linking these incidents to extraterrestrial goings-on.



## No mystery behind

**UFO sightings** Government investigations have attributed many sightings to balloons, drones, aircraft, birds, atmospheric phenomena, or sensor errors.

Numerous cases remain unresolved due to insufficient data rather than evidence of alien activity.

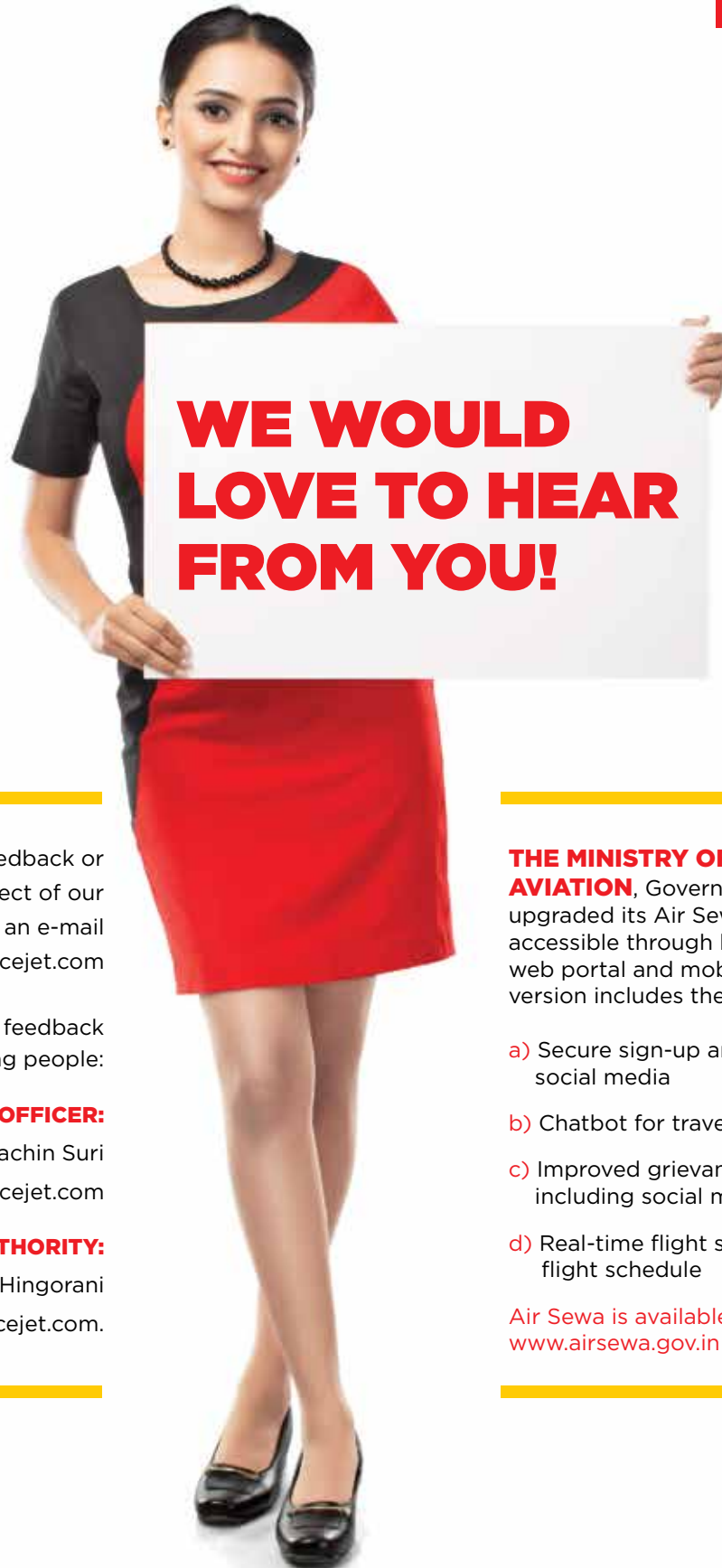
## Roswell, a major UFO tourism destination

The city is home to the International UFO Museum and Research Center and hosts an annual UFO festival, attracting thousands of enthusiasts, researchers, and curious visitors each year.



## Increased transparency on unexplained sightings

In recent years, the U.S. government has released multiple reports and previously classified files related to unidentified aerial phenomena, reflecting growing public and scientific interest in investigating unexplained observations.



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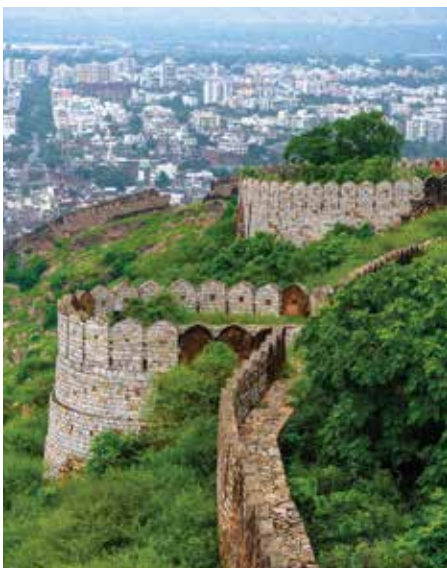


# My Town

In our series, we travel to various Indian destinations with a SpiceJet family member. This time, Deepesh takes us around his home town, Jaipur.



**DEEPESH SHARMA**  
CABIN CREW



***Where is your home town, and what makes it so special?***

To the world, my home town of Jaipur is a living museum of majestic forts, blushing pink facades, and a regal history that spans centuries. But if you look past the grand architecture, you will discover its truest treasure: its soul. Whether you are a traveller from across the oceans or a next-door neighbour, the community accepts you with a sense of belonging so deep that you arrive as a stranger, but leave as family.

***The one thing that keeps on bringing you back again and again...***

The unmatched warmth of its people. Here, royalty is measured by the size of our hearts. No matter how far you travel across the globe, returning to Jaipur feels like stepping into a universal

embrace. That feeling of belonging, deep respect, and unconditional care is the invisible thread that always pulls me back home.

***Which is the perfect hangout spot in Jaipur?***

Nahargarh Fort, which stands guard above the city. By day, it is a magnificent testament to regal architecture, but by evening, it transforms into the ultimate global hangout spot. As dusk approaches, travellers and locals alike gather along the ancient fort's stone ramparts to watch the sunset, which, from this elevation, is nothing short of a spiritual experience. The sky becomes a canvas, turning from fiery amber to dusty violet, and casting a golden glow over the cityscape below.



**Name one restaurant you would recommend to a visitor, and a can't-miss delicacy on the menu...**

A meal in Padao inside the Nahargarh Fort complex is one to experience, as you pair your morning chai (or chilled beverage) with a plate of crispy (and piping hot) vegetable pakodas, amid surroundings that are as dramatically scenic as they are serene. For something more contemporary, Paro India, located on MI Road - the beating heart of modern Jaipur - stays true to the city's reputation of hospitality. Here, the absolute showstopper is the signature *Dal Makhani Kebabs*, which

goes superbly with their innovative, spice-forward craft cocktails.

**What is the best season to visit Jaipur and why?**

Jaipur's most breathtaking avatar awakens during the monsoon season, between July and September, when the pink terracotta of the Old City gleams anew with a deep, crimson glow. As the first rains hit the parched earth, the ancient, rugged slopes of the Aravalli hills turn a lush green, and the heavy, rain-washed clouds hang low over the battlements of Nahargarh, wrapping the fort in a dreamy, mist-laden embrace.

**Suggest a few places for a day trip nearby...**

To feel the historical pulse of Rajasthan, you must scale the craggy cliffs of the Aravalli range and explore Jaipur's 'imperial triad' - her three hilltop citadels. Amer Fort is famous for the Sheesh Mahal (mirror palace), where thousands of tiny convex mirrors replicate a shimmering night sky, while Nahargarh is the ultimate sunset sanctuary. And unconquered Jaigarh, a military stronghold, is connected to Amer via hidden royal tunnels, and hosts the world's largest cannon on wheels ●

**Must-visit places**

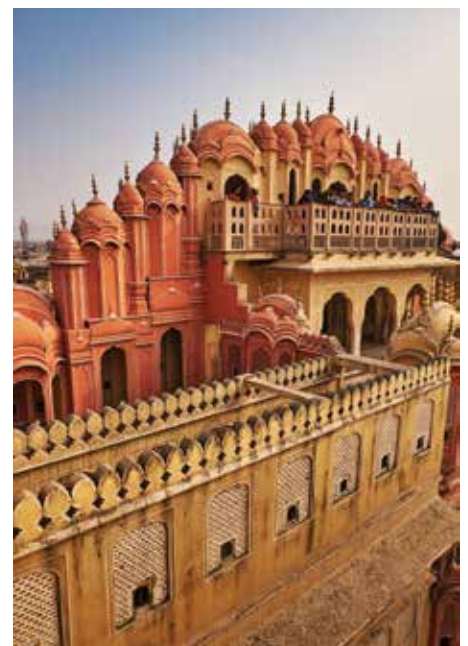
**Hawa Mahal:** To behold the sun's rays striking its pink facade; explore its narrow passageways to observe how the 953 *jharokhas* cross-ventilate the building.

**Jantar Mantar:** A UNESCO World Heritage Site that's home to the world's largest stone sundial, and a showcase of astronomical instruments built by Maharaja Sawai Jai Singh II.

**Albert Hall Museum:** Set amid verdant Ramniwas Bagh, this is a spectacular example of Indo-Saracenic architecture within which you will find a vast collection of colonial-era artifacts, traditional pottery, royal costumes - and a preserved Egyptian mummy.

**Bapu Bazar:** As dusk falls, head to the lively Bapu Bazar to pick up traditional camel-leather *juttis*, vibrant block-printed bedsheets, lacquer bangles, or local *bandhani* textiles.

**Old City Culinary Tour:** No Jaipur tour is complete without visiting the alleys of the Old City to savour the delicious street food. Bite into a flaky *Pyaz Kachori* at Rawat Misthan Bhandar, sip a velvety *Makkhaniya Lassi* (served in traditional clay cups) at Lassiwala, and finish your culinary journey with a rich, slow-reduced *Saffron Kulfi* at Pandit Kulfi, in the shadow of Hawa Mahal.



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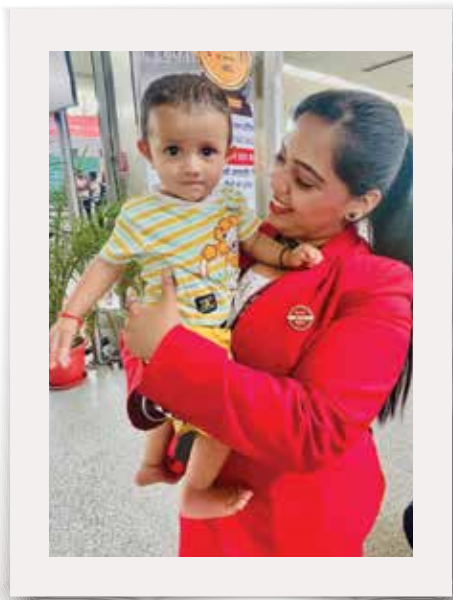
SpiceJet was a pioneer in India's UDAN scheme, launching regional flights in July 2017 and connecting remote regions like Porbandar, Kandla, Pakyong, Kishangarh, Lilabari, Jharsuguda, Jaisalmer, and Adampur. It also led India's first seaplane trials, inaugurated by Prime Minister Narendra Modi, reaffirming its commitment to serving unserved and underserved regions.

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\*As of June 30, 2025 | \*\*As on date of this Draft Herring Prospectus



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PRIDE HOTELS LIMITED is proposing, subject to applicable statutory and regulatory requirements, receipt of requisite approvals, market conditions and other considerations, to make an initial public offering of its Equity Shares and has filed the DRHP dated September 30, 2025, with SEBI and the Stock Exchanges on September 30, 2025. The DRHP is available on the website of SEBI at www.sebi.gov.in, as well as on the websites of the Stock Exchanges, i.e. BSE and NSE at www.bseindia.com and www.nseindia.com, respectively, on the website of the Company, at www.pridehotel.com and on the websites of the Book Running Lead Managers ("BRLMs"), i.e. Motilal Oswal Investment Advisors Limited and JM Financial Limited at www.motilaloswalgroup.com and www.jmf.com, respectively. Any potential investors should note that investment in equity shares involves a high degree of risk and for details relating to such risk, see "Risk Factors" on page 41 of the DRHP filed with SEBI and the Stock Exchanges. Potential investors should not rely on the DRHP filed with SEBI and the Stock Exchanges for making any investment decision and should instead rely on their own examination of our Company and the Offer, including the risks involved, for making any investment decision. The Equity Shares offered in the Offer have not been and will not be registered under the United States Securities Act of 1933, as amended (the "U.S. Securities Act"), and may not be offered or sold within the United States except pursuant to an exemption from, or in a transaction not subject to, the registration requirements of the U.S. Securities Act and applicable U.S. state securities laws. Accordingly, the Equity Shares are being offered and sold outside of the United States in "offshore transactions" in reliance on Regulation S and the applicable laws of the jurisdiction where those offers and sales occur.

# PREDICTIONS

## July 2026

**Dr. Prem Kumar Sharma**

(Astrologer, Palmist, Numerologist, Vaastu Consultant & 3-Time Limca Book of Records Holder)

**email:** psharma@premastrologer.com | **web:** www.premastrologer.com



**ARIES**

A stronger sense of purpose helps you take control of important matters this month. Professional responsibilities may increase, but they also create opportunities to showcase your capabilities. Financial decisions made now can improve long-term stability. Relationships require understanding rather than impulsive reactions. Travel plans may need extra preparation.

**Lucky Number: 22**  
**Lucky Colour: Yellow**



**TAURUS**

July brings opportunities to step outside your comfort zone and explore new experiences. Travel, social events and family gatherings add excitement to your routine. Career growth comes from staying committed to existing goals. Financially, steady progress is indicated, but avoid risky ventures. Romantic prospects appear encouraging and may develop unexpectedly.

**Lucky Number: 9**  
**Lucky Colour: Maroon**



**GEMINI**

Fresh opportunities emerge through conversations, networking, and shared ideas. Your professional life benefits from adaptability and quick thinking. Financial prospects brighten through smart choices and additional earning possibilities. Health remains satisfactory. Academic pursuits benefit from curiosity and a willingness to learn something new.

**Lucky Number: 3**  
**Lucky Colour: Blue**



**CANCER**

Responsibilities encourage you to become more organised and focused. Professional matters demand attention, but your efforts are likely to bring satisfying results. Financial planning helps maintain stability. Romance appears promising for those seeking emotional connections. Travel offers welcome relief from routine.

**Lucky Number: 11**  
**Lucky Colour: Silver**



**LEO**

Your ability to lead and inspire others becomes one of your greatest strengths. Recognition may come through a project, meeting, or important responsibility. Financial conditions remain encouraging and support future goals. Romantic life benefits from patience and meaningful conversations. Travel brings new perspectives.

**Lucky Number: 6**  
**Lucky Colour: Purple**



**VRGO**

Positive developments help restore confidence and clarity this month. Professional life feels rewarding as cooperation improves in the workplace. Financial prospects strengthen through careful management. Health benefits from greater attention to routine and well-being. Academic pursuits move ahead through determination and realistic planning.

**Lucky Number: 5**  
**Lucky Colour: Green**



**LIBRA**

Balance becomes the key to success in July. Professional responsibilities increase, but your diplomatic approach helps maintain harmony. Financial matters require thoughtful planning and practical decisions. Family members may look to you for guidance and support. Romance benefits from honest communication and mutual understanding.

**Lucky Number: 2**  
**Lucky Colour: Pink**



**SCORPIO**

A desire for growth inspires you to make meaningful adjustments in several areas of life. Professional matters become more engaging as new possibilities emerge. Financially, careful budgeting remains important. Family discussions help clear lingering concerns and strengthen understanding. Relationships benefit from emotional honesty.

**Lucky Number: 5**  
**Lucky Colour: Orange**



**SAGITTARIUS**

Progress becomes visible as your efforts begin producing encouraging results. Career opportunities favour those willing to take initiative and take on more responsibilities. Financial stability improves through practical planning and smart decisions. Family life remains supportive, even when responsibilities increase. Health remains favourable with regular activity and exercise.

**Lucky Number: 8**  
**Lucky Colour: Blue**



**CAPRICORN**

The month encourages a fresh outlook and a willingness to embrace change. Professional achievements enhance your reputation and open new possibilities. Financially, you remain well placed to build security for the future. Health improves as disciplined habits deliver noticeable benefits. Travel adds variety and inspiration.

**Lucky Number: 6**  
**Lucky Colour: Green**



**AQUARIUS**

Innovation and creativity work strongly in your favour. Professional recognition grows as your unique ideas gain attention. Financial prospects improve through new opportunities and better planning. Health shows encouraging signs of improvement. Travel offers a refreshing change. Your confidence grows as progress becomes visible.

**Lucky Number: 18**  
**Lucky Colour: Red**



**PISCES**

A thoughtful approach helps you make steady progress both personally and professionally. Career developments highlight your skills and reliability. Financial conditions remain encouraging, helping ease previous concerns. Relationships flourish when honesty and understanding guide your actions. Travel brings meaningful experiences and inspiration.

**Lucky Number: 1**  
**Lucky Colour: Purple**

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**Dhiraj Jain**  
(Founder & Chairman, 1XL)



**Mamata  
Dhiraj Jain**  
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